Learn how modernizing OLG can benefit you. Visit ModernOLG.ca

TORONTO metro®

Gayle Zolaturiuk • March 2 • Hamilton
LOTTO 6/49

$30 million winner
NEWS WORTH SHARING.

WHY DO GIRLS PIMP GIRLS?

WITH TRIAL SET TO DELVE INTO ALLEGED TEEN-PROSTITUTION RING IN ONTARIO, POLICE ARE FINDING BOTH PERPETRATORS AND VICTIMS OF HUMAN TRAFFICKING ARE SKEWING YOUNGER PAGE 6

‘We’re getting there, we’re getting there’

Harrison Ford, who stars in the Jackie Robinson biopic 42, has equality on his mind PAGE 14

SubPac lets you feel the beat — literally

Backrest audio device produced by Toronto firm sends music surging through the body PAGE 4

AAAND HE’S OUT!

It took three security guards to haul down this fan who ran onto the field, slid into second base, inset, and then tried to climb the centre-field fence to get away during the Blue Jays game Sunday at the Rogers Centre. The Jays had their feathers cleaned by the Boston Red Sox, 13-0. Story, page 20.

TOM SZCZERBOWSKI/GETTY IMAGES

Hiker goes to the edge and back

Arizona. Toronto doctor tells her tale after being trapped on a remote ledge overnight

It wasn’t the threat of mountain lions or the darkness of night that most terrified Toronto eye doctor Elise Heon as she huddled halfway up an Arizona cliff — it was that when she threw a stone over the edge to determine how high up she was, she never heard it land.

“I knew then I was in deep trouble,” confessed the chief ophthalmologist for the Hospital for Sick Children, who has become a reluctant YouTube star for her dramatic helicopter rescue Friday from the perch where she had been stranded alone for nearly 30 hours.

“But I was determined to get rescued so I kept myself busy, cleaning up that ledge and removing all the dead branches so I wouldn’t trip

Quoted

“They put me in the harness and just pushed me off the side of the canyon without warning and said, ‘Enjoy the view!’”

Toronto doctor Elise Heon on her rescue

— it’s so clean you could eat a picnic off the ground now,” Heon told the Torstar News Service Sunday after arriving home from what was supposed to have been a little holiday in canyon country.

Heon had set out Thursday morning along the crest of Oak Creek gorge, said to be similar to nearby Grand Canyon, and become “mesmerized” by the scenery. But she lost the trail and found herself climbing a series of natural steps down the side of the canyon until landing on a ledge so steep she could go neither forward nor back.

She started calling “Help” to attract attention, but when that failed, she decided to stave off panic by making herself comfortable.

“I made a bed of dead leaves and every few hours I would try to rest,” said Heon, who had no water, food, cellphone or jacket as the night temperature fell to almost freezing.

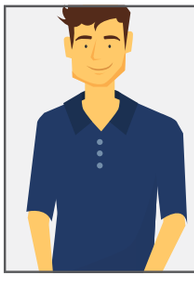
When Heon had failed to check out of her resort, staff contacted authorities who launched a search, but night fell with no luck.

The next morning, back on her ledge, Heon tried longer, more detailed cries such as “Help, I’m injured!”

Finally, the pet dog of a family living nearby heard and began to bark so much, his owners came to investigate and soon heard Heon’s cries as well. Still, it took police several hours to locate Heon on her remote perch, and two rescuers had to rapel down the cliff to reach her.

TORSTAR NEWS SERVICE

Mortgage Matters p.12-13


MY VISION IS WORTH $_____.
We know your vision is priceless.
But it doesn’t have to be costly.
Say goodbye to glasses and contacts with laser vision correction **starting at $490/eye***
Find out how we do it at lasikmd.com
Free consultation: 1-877-316-9888
LASIK MD VISION
*Prices are subject to change without prior notice and vary based on prescription strength. Applicable on a procedure for both eyes only. Other conditions may apply.

YOUR SIMPLE ROUTINE TO A WHITER SMILE IN 1 DAY*.

SATISFACTION GUARANTEED.**

Crest® 3D White™ Toothpaste fights cavities.

Get your smile in peak form with an oral health routine that will have you and your dentist grinning from ear to ear. And count on the 3D White collection as you prepare for the Oral Health Month Pledge coming this April, National Oral Health Month.

life opens up when you do Crest + Oral-B 3D WHITE

*When toothpaste, rinse, brush, and Whitestrips are used together. **Satisfaction guaranteed. Return receipt and UPC within 60 days of purchase. Limit to one refund per person. Call 1-800-395-8423 (Crest 3D White, Whitestrips, Toothpaste, Rinse) and 1-866-585-7553 (Oral-B Power) for more information. To ensure these products are right for you, always read and follow the label.

King West-Spadina

4 women sought in alleged sex assault

Toronto police are seeking four women in the alleged sexual assault of a 19-year-old man last weekend.

Police say the man met the suspects at a downtown club on March 30 and left with them after they offered him a ride home. They allege the women instead drove the man to a parking lot a few blocks away and sexually assaulted him before letting him go. All four suspects are described as white, between 30 and 36 years old, and about five feet four inches tall. THE CANADIAN PRESS

Achilla Orru

Subway man king of thumb piano

A blind man who entertained thousands of commuters every day in the Toronto subway with a thumb piano was eulogized as a king and visionary who used his musical talent, wisdom and wit to mesmerize everyone he met. Achilla Orru, blinded at age 6 in his native Uganda, never let his handicap get in the way of his mission, to be the best lokembe player in the world, be it on the subway platform at Bloor and Yonge or concert halls around the globe, the 100 people who attended his funeral heard Saturday. TORSTAR NEWS SERVICE

Orru and family in Uganda
SUBMITTED

The giant tunnel-boring machines, which will begin boring underneath Eglinton, are en route from the Lovat plant near the airport to the launch shaft at Black Creek Drive, where they must first be assembled before they start digging. COURTESY OF METROLINX

On Eglinton, the flow must go on

Metrolinx. Innovative decking system will keep busy street open through LRT construction

When it comes to easing gridlock by building a new transit line, nobody in charge of the Crosstown LRT denies traffic will get worse on Eglinton Avenue before it gets better.

But Metrolinx officials insist that motorists will be able to drive on the street while the LRT is being built. Even at the height of construction, at least one lane of traffic will continue to move in each direction.

Drivers and residents in nearby neighbourhoods should, however, prepare for turn restrictions, some side-street closures and the disappearance of curb-lane parking in the years before the Crosstown's scheduled 2021 opening.

Although much of the tunnelling will be invisible to people on the streets, the giant boring machines will cause disruptions where they are being dropped into the earth and lifted out.

At Allen Road, for example, the machines will surface to the west of Eglinton West Station and be dropped back down on the east side to avoid interfering with the subway.

The impact will be felt around Black Creek Drive, the site of the tunnelling-machine launch shaft, and will creep eastward as crews begin the utility work in preparation for the tunnel and station construction. But the most significant disruptions will come in 2015, when station building begins in earnest.

In the past, wooden decking was used to cover road construction. It was like driving on a washboard, says Metrolinx executive vice-president Jack Collins. But for the tunnelled portion of Eglinton, crews will use a system that Collins says he first saw in Los Angeles.

Instead of detouring traffic around construction, transportation engineers came up with a system of laying precast concrete decking across a lattice of steel supports. It allowed construction to continue below the street, and cars could use the decking as a temporary road surface. TORSTAR NEWS SERVICE

Concrete boxes

The new transit stations on Eglinton are essentially being built as concrete boxes. The east and west concrete "headwalls" of the stations get built in advance of the arrival of the tunnelling machines. The giant boring equipment then punches right through the concrete, creating a perfect seal at each end. The north and south walls of the box typically span the width of the street. The contractor Metrolinx hires to build the stations will create a concrete wall along one side of the street, parallel to the sidewalk, running 20 to 30 metres below the street.

Get Out of Debt
Without Bankruptcy - Without Loans
CALL THE Licensed Debt Professionals™ FREE CONSULTATION 310-9200
(NO AREA CODE NEEDED)

DAVID SKLAR & ASSOCIATES INC.
Licensed Credit Counsellors · Licensed Proposal Administrators · Trustee in Bankruptcy
www.DavidSklar.com
David Sklar
C.A., CIRP, Trustee

Holocaust survivors honour the dead

David Rybowski and his wife Zenia Rybowski, both Holocaust survivors, were on hand Sunday for the lighting of the first candle at the Holocaust ceremony at the 70th anniversary of the Warsaw Uprising at the new UJA Federation building in Toronto. Monday is Holocaust Remembrance Day, a day to reflect on the six million Jews who were killed during the Holocaust, and to honour others like the Rybowskis who beat the odds and survived.

VINCE TALOTTA/TORSTAR NEWS SERVICE

Dentists offering perks in face of fierce competition

Guerilla dentistry. Practices resorting to glitz, glam and old-fashioned gimmicks in skirmish for business

Two dentists, one neighbourhood: Dan Pisek remembers it well.

The dental-marketing consultant had a client who decided to attract new customers with a discount on teeth whitening.

A few weeks later, the dentist down the road put out a better discount. So Pisek's client doubled down, deepening the savings. And so on, and so forth.

The skirmish, which happened five years ago, is representative of Toronto's "hypercompetitive" dentist scene, where more and more doctors are clamouring for customers who often have healthier teeth, thanks to practices like water fluoridation.

The result is the increasing use of marketing gimmicks to rake in clientele. This flips the common feeling, spurred by doctor shortages, that patients are lucky to land a medical professional. When it comes to dentists in the GTA, they are lucky to have you.

"I've seen practices that when you walk in, they look like spas.... You're sitting in a vibrating chair, watching TV and being offered an espresso," said Mike Carabash, a Toronto lawyer specializing in the industry.

A November report on the economics of dentistry for the Ontario Dental Association says the patient-to-dentist ratio in the province has dropped 13 per cent since 2002, down from 2,277 people per dentist to 1,992 in 2011.

Part of this is because schools continue to pump out hefty cohorts of dental graduates. TORSTAR NEWS SERVICE

Shrinking demand

- The ODA report predicts that over the next decade an increasing percentage of patients will pay for dental care out of pocket instead of with insurance — up from 45 to 55 per cent.
- This could be problematic, given that incomes have stagnated for the majority of Canadians since the early 1980s, the report notes.

T.O. firm sends beats pulsing through your body

Take that, earbuds!

A gang of altruistic aging-raver types from Toronto has been sitting on a product poised to send reverberations — literally and figuratively — through the audio-technology market, with the potential to influence both the way music is consumed at home as well as how it's produced, mixed and recorded in the first place.

The SubPac — hatched from the minds behind electronic-music-loving local collective StudioFeed — is a cushion-like subwoofer rig that, as the literature puts it, "generates a dynamic, rich and accurate tactile representation of whatever sound you input." More simply put, that means you hook the thing up to a sound source, plug in your headphones, lean back against it and feel an authentic "whoomp, whoomp, whoomp" surging through your trunk just as if you were standing in front of a P.A. blasting away at deafening volume during a DJ set or live show, only without the deafening volume. "FEEL YOUR MUSIC," goes the SubPac slogan, and indeed you do.

Feel your music

"As soon as we introduce this to people who have an interest in music, their reaction is not just 'Oh, that's cool' but 'How can I get involved in this?'"

StudioFeed founder John Alexiou

It's tough to understand or to describe how well the SubPac works until you've actually settled back into one yourself, mind you, which is why its creators have diligently been putting prototypes in the hands of tastemakers in a position to give it credibility upon its initial rollout — as StudioFeed founder John Alexiou puts it — as "not a gimmick," but something "that is a really beneficial element to music."

So far, the grassroots strategy has worked. Among the "names" who've gamely offered testimonials in support of the SubPac are dub-reggae DJs Scientist and Adrian Sherwood; transatlantic record-label bosses Gilles Peterson, John Tejada and Stephan Bodzin; dubstep mavens Kode 9 and Mala; Los Angeles avant-electronica auteur Flying Lotus; and Public Enemy producer Hank Shocklee. TORSTAR NEWS SERVICE

Holding the SubPac is Sarosh Khwaja. Behind, from left, is Phil Devries, Hayley Stole-Smith and Todd Chernecki. All are part of the Studio Feed team. TORSTAR NEWS SERVICE

Comfort Tour
USA TOURS INCLUDE ROUND-TRIP, CITY TOURS, 3 BREAKFASTS, 3 NIGHTS HOTEL
4 DAYS NEW YORK
APR 11, APR 18, APR 25, MAY 2, more dates available online
TOUR PACKAGE $598* TAXES INCL.
4 DAYS WASHINGTON
MAY 2, MAY 17, JUN 6, JUN 28 more dates available online
TOUR PACKAGE $598* TAXES INCL.
4 DAYS BOSTON
MAY 17, JUN 13, JUN 28, JUL 11, more dates available online
TOUR PACKAGE $598* TAXES INCL.
4 NIGHTS LONDON
4 NIGHTS PARIS
SEP 5, SEP 19, OCT 10
TOUR PACKAGE & FLIGHT $1,978** $526.16 TAXES
4 DAYS CHICAGO
APR 25, MAY 9, MAY 30, JUN 28, more dates available online
TOUR PACKAGE $598* TAXES INCL.
3 DAYS MONTREAL QUEBEC OTTAWA
MAY 18, JUN 7, JUN 14, JUN 21, more dates available online
TOUR PACKAGE $398* $51.74 TAXES
* ALL PRICES ARE PER PERSON BASED ON DOUBLE-OCCUPANCY
** LOWEST FARE SHOWN
Comfort Tour Inc. 90 Sherbourne Street, Suite 101, Toronto, ON M5A 2R1, Canada
Tel: 416-642-0372 Toll-free: 1-866-213-0371 WWW.COMFORTTOUR.CA
No. 50013488

An Afghan boy sits on his cart as he waits for customers in Kabul on Sunday. ANJA NIEDRINGHAUS/THE ASSOCIATED PRESS

Airstrike kills 11 children: Officials

Afghanistan.
Interior Ministry says U.S.-led coalition killed six Taliban in operation

A fierce battle between U.S.-backed Afghan forces and Taliban militants in a remote corner of Afghanistan left nearly 20 dead, including 11 Afghan children killed in an airstrike and an American civilian adviser, Afghan officials said Sunday.

The U.S.-led coalition said it was assessing the incident but could not confirm that civilians were killed. According to the country's Interior Ministry, six Taliban were slain in the battle.

The coalition stressed that the airstrikes were requested by international forces. A strike in the same area, which killed 10 civilians last year, prompted Karzai to ban his forces from requesting coalition airstrikes.

The battle unfolded on Saturday, the same day that a total of six Americans were killed in violent attacks.

THE ASSOCIATED PRESS

Fighting season

The fighting on Saturday showed Afghanistan's spring fighting season is underway.

- **Test.** This year's will be closely watched because Afghan forces will have less support from the international coalition.

Trudeau dominates buzz as leadership vote begins

Liberals have begun casting ballots to choose a leader they hope will guide them out of the political wilderness.

Voting began shortly after the six contenders made their final sales pitches at a national showcase on Saturday.

Some 127,000 Liberal party members and supporters are eligible to vote. The results will be announced next Sunday.

The outcome has been widely seen as a foregone conclusion since Justin Trudeau first launched his campaign.

None of his rivals dared make any direct attacks on Trudeau, whose supporters dominated the crowd Saturday. THE CANADIAN PRESS

Justin Trudeau THE CANADIAN PRESS

We are looking for people to make a difference!

Lambda specializes in conducting clinical research trials. Lambda is looking for healthy non-smoking individuals to participate in upcoming studies. Participants are compensated for their time. Compensation is up to $3,500 upon completion of the study. Refer a friend and you may receive $100!

LAMBDA
Lambda Therapeutic Research

For more information, call: (416) 752 3333 or visit www.todaysresearch.com
Mon-Fri: 9-6, Sat: 10-3, 460 Comstock Road, Toronto

SCHOLARSHIPS ARE FOR Everyone

OVER $100 million available

Scholarships are not just about grades

Scholarships are not just from schools

365 Scholarships are all year round

Sign Up. Get Matched. Start Today.
www.ScholarshipsCanada.com

SCHOLARSHIPSCANADA.com

Human-trafficking trial set to begin

Ottawa. Three teen girls charged with assaulting, robbing other teens, and forcing them into prostitution

JESSICA SMITH
jessica.smith@metronews.ca

A human-trafficking and prostitution trial set to begin in Ottawa youth court on Monday is expected to shed light on how police came to accuse girls as young as 15 of running a prostitution ring.

Ottawa police say the female victims were lured online by the accused to social events, then taken to an Ottawa Community Housing unit. There, police allege, the girls were assaulted, threatened and driven to another location and forced to perform sex acts with johns.

Two of the accused were 15 and one was 16 at the time of the alleged crimes last year. They are charged with human trafficking, procuring for prostitution, forcible confinement, robbery, assault and uttering threats.

The victims were 13 to 17 years old at the time. The first victim was sexually assaulted and robbed of her iPod, clothing, makeup and bag between May 16 and 19, court documents allege.

The second victim was trafficked on May 30 to 31, court documents say. The youngest victim, aged 13, was the last. She was allegedly trafficked by the girls on June 3.

The mother of one of the victims told Metro after the arrests last year that the accused teen girls offered her daughter a chance to become a prostitute. After she refused, they turned their sights on her.

"They said you can be an escort and make lots of money," said the woman, who, to protect her daughter's identity, cannot be named. "She asked them, 'Isn't that when you have sex for money?' and they said, 'Yeah, you can make a lot of money.' She said, 'No, I don't do that,' and it escalated after that.

"As simple as that, and then they turned," she said. "There was three against one."

The woman said her daughter is still terrified after being robbed, beaten, held for hours, forced into an encounter with a john and threatened repeatedly with having her throat slit.

"She beat my daughter mercilessly in the face and the nose, kept punching her over and over again," she said of one of the accused.

Her daughter was confined, but escaped and came home, she said.

The bigger picture

- Public Safety Canada defines human trafficking as "recruitment, transportation, harbouring or exercising control, direction or influence over the movements of a person in order to exploit that person." Many victims are forced into prostitution; others are forced into labour.
- About 90 per cent of Canadian human-trafficking charges are domestic and don't involve people crossing international borders.
- Between 2001 and 2011, police forces across the country laid 31 charges against young offenders (under 18) for living off the avails of prostitution and procuring for prostitution.
- It's rare for a minor to be charged with human trafficking.

A young woman works the corner of Gerrard and Jarvis streets in downtown Toronto. Police say that the victims and perpetrators in human-trafficking cases are often surprisingly young.
TONY BOCK/TORSTAR NEWS SERVICE FILE

Coercion. Cops seeing young victims, victimizers

Victims and perpetrators in human-trafficking cases are often younger than anyone would like to believe, says a detective who specializes in prostitution cases.

Det. Mark Benallick works in the special-victims section of the Toronto police force. His officers lay a human-trafficking charge, which carries a maximum prison sentence of 14 years, when they see a victim being controlled and exploited through threats and coercion.

Mark Benallick

"We're finding a lot more of these occurrences where it's younger people, under the age of 18, even 16, who are being victimized and turned out to work in the sex-trade industry," he said.

"The people who are exploiting them aren't much older," he added. "I guess the stereotype that a lot of people think of is of somebody much older, savvy to the business and knows how to play the game. But it's young people who are realizing just how lucrative prostitution can be."

Most of the prostitution-related trafficking in Ontario is domestic, he said. "It's happening right here. One day they're posting on the Internet out in Kingston and then the next day they're in Barrie. You can follow that trail."

Benallick cites the case of a 16-year-old girl accused of delivering two girls she was living with in a group home to a prostitution ring in Toronto. The courts will take her situation and age into account, he said.

"But there comes a time where you have to make choices, and now you've crossed a line: Maybe you're not so much a victim anymore; you're choosing to victimize someone else."

The full effect of human-trafficking laws remains a grey area, since some major cases are still working their way through the courts.

"The human-trafficking charges have only been around since 2006. It's building. With every year, there are new cases that go through the system that build the case-law base that we have," he said. JESSICA SMITH/METRO

Female violence rooted in family dysfunction

Girls pimping girls not new: Researcher

It's not uncommon for girls to become pimps and to force or procure other young girls into prostitution, says a professor who researches violence among girls.

Sibylle Artz, former director of the School of Child and Youth Care at the University of Victoria, began researching violent girls in the 1990s and also studied the case of Reena Virk, a 14-year-old girl who was beaten and murdered by teenagers near Victoria in 1997.

In the wake of the Virk case, Canadians were searching for answers for how girls could be so aggressive and violent. Artz's research offers some explanations.

"In talking about prostitution, we're talking about the power over other peoples' bodies," she said.

Girls who pimp out other girls typically come from deprived backgrounds and family problems, where unhealthy views about women mean they are quickly turned into sex objects, Artz said.

"The whole idea that a woman is a sexual commodity is very clearly spelled out in the minds of those among whom these girls live," she said. "They see that one way to become powerful and in control is to be the person who is the perpetrator rather than the victim."

Boys who pimp often follow a similar path.

"It's a terribly sad story," she said. "But it's a reflection on some level of the propensity to see girls and young women as saleable commodities."

When the public is scared or shocked upon learning about young girls committing acts of violence, it's a good thing, she said.

"I'm glad we're shocked. That we are shocked is an indication that this is something we don't hold as a norm. What we have to figure out is how to help these girls, and certainly we have to figure out how to help their victims." JESSICA SMITH/METRO

Tunis, Tunisia

Activist in hiding after threats

A 19-year-old Tunisian who bared her breasts and taunted Muslim hard-liners said this weekend that she now fears for her life and wants refuge abroad. Known only as Amina, she appeared in photos on Facebook last month with the words "My body belongs to me" on her bare chest. Amina is in hiding after reportedly receiving death threats.
THE ASSOCIATED PRESS

British Columbia

Fake weapons startle some

Relax, folks: Those U.S. nuclear missiles marked "loaded" being shipped around Vancouver Island by train aren't real and are just movie props. They were used for a reboot of the Godzilla movie franchise, filmed on Vancouver Island.
THE CANADIAN PRESS

N. Korea may test missile soon

Koreas. North says it can't guarantee safety of diplomats beginning Wednesday; they want concessions, says South

A top South Korean national-security official said Sunday that North Korea may be setting the stage for a missile test or another provocative act with its warning that it soon will be unable to guarantee diplomats' safety in Pyongyang. But he added that the North's clearest objective is to extract concessions from Washington and Seoul.

North Korea's warning last week followed weeks of war threats and other efforts to punish South Korea and the U.S. for ongoing joint military drills, and for their support of UN sanctions over Pyongyang's Feb. 12 nuclear test. Many nations are deciding what to do about the notice, which said their diplomats' safety in Pyongyang cannot be guaranteed beginning this Wednesday.

Tensions between Seoul and Pyongyang led South Korea's Joint Chiefs of Staff to announce Sunday that its chairman had put off a visit to Washington.

The U.S. military said its top commander in South Korea had also cancelled a trip to Washington because of developments.

The South Korean defence minister said Thursday that North Korea had moved a missile with "considerable range" to its east coast, possibly to conduct a test launch.

His description suggests that the missile could be the Musudan missile, capable of striking American bases in Guam with its estimated range of up to 4,000 kilometres.

Citing North Korea's suggestion that diplomats leave the country, South Korean President Park Geun-hye's national-security director said Pyongyang may be planning a missile launch or another provocation around Wednesday, according to presidential spokeswoman Kim Haing.
THE ASSOCIATED PRESS

At the border village of Panmunjom a man hangs a ribbon in hope of reunification. LEE JIN-MAN/THE ASSOCIATED PRESS

Omega-3 Fatty Acids

Getting to the heart of the matter

Every 7 minutes someone dies from heart disease or stroke in Canada. Did you know that silent inflammation in the body is a major contributor to cardiovascular disease? It's true! The key to stopping silent inflammation and improving heart health is omega-3 fatty acids from fish oil.

Norwegian Gold Critical Omega
The ideal choice for someone who wants to maintain their good health.

Norwegian Gold Super Critical Omega
The ideal choice for individuals with cardiovascular issues or those concerned about optimal heart health.

Norwegian Gold Ultra EPA
The ideal choice for anyone with an inflammatory condition or wanting to lower triglycerides.

Norwegian Gold fish oil is designed with heart health in mind. Use this chart to determine which Norwegian Gold fish oil is right for you.

WHICH FISH OIL IS RIGHT FOR YOU?

A	B	C
Choose **Norwegian Gold Critical Omega** if you checked YES to **all** of the following conditions:	Choose **Norwegian Gold Super Critical Omega** if you checked YES to **any** of the following conditions:	Choose **Norwegian Gold Ultra EPA** if you checked YES to **any** of the conditions in column B plus **any** conditions below:
Normal Cholesterol Levels ☐	Elevated Cholesterol ☐	Chronic Skin Conditions ☐
Normal Blood Pressure ☐	High Blood Pressure ☐	Arthritis ☐
Normal Blood Sugar Levels ☐	High Blood Sugar ☐	Autoimmune Disorder ☐
Normal Triglyceride Levels ☐	Elevated Triglycerides ☐	Allergies ☐
	Circulatory Issues ☐	Chronic Prostatitis ☐
		Inflammatory Bowel Disease ☐
		Asthma ☐
		Pelvic Inflammatory Disease ☐

Look For Renew Life Products At Your Local Health Food Store Or Wherever Natural Health Products Are Sold. To Find A Store Near You Visit WWW.RENEWLIFE.CA Or Call 1-800-485-0960 Ext 3

facebook.com/renewlifecanada
twitter.com/renewlifecanada

RECEIVE $3.00 OFF
your next purchase of any Norwegian Gold Fish Oil*

Dear Retailer: Renew Life Canada Inc. will reimburse the full value of this coupon on the purchase of the product specified. Other applications may constitute fraud. Applications for reimbursement received after 6 months from the expiry date, as indicated below, will not be accepted. Failure to send in, on request, that sufficient stock was purchased in the previous 90 days to cover the coupons will void coupons. Coupons submitted become the property of Renew Life Canada Inc. Reimbursement will be made only to the retail distributor who redeemed the coupon. For redemption, mail to: Renew Life Canada • 8 - 1273 North Service Road East • Oakville, ON • L6H 1A7.
* Limit one coupon per purchase. Coupon expires May 31st, 2013.

Need to see a Doctor?
Check our Walk-in Wait Times online at
www.appletreetoronto.com
20 locations providing both walk in services and on going family medical care
647-722-2370
Appletree Medical Group
Physicians Working Together for Better Health Care
20 ANNIVERSARY CELEBRATING 1992-2012

LIFE INSURANCE
Mortgage Insurance / Line of Credit Insurance
Do you have Mortgage Insurance or Line of Credit Insurance with a BANK?
COMPARE & SAVE UP TO 50% ... LOWEST RATES GUARANTEED!
For Instant QUOTE: Visit www.henriquesfinancial.com
Monthly Premium for a 10 year Term (Renewable & Convertible) Preferred Plus Non Smoker

Age	$100,000		$250,000		$500,000	
	Male	Female	Male	Female	Male	Female
30	11	9	13	11	19	16
40	13	11	16	13	24	19
45	16	13	23	17	33	22
50	17	13	32	24	52	30
55	61	41	146	94	285	183

Also available: Life Insurance without medicals!
Other Plans: Term 20, 25, 30, Term 100, Whole Life, Universal Life, Critical Illness and Disability Insurance, Health & Dental, Visitor's Plans, RRSP and RESP
Brokers representing Manulife, BMO, RBC, Canada Life, Industrial Alliance, Foresters, CPP, Empire Life, ING Bank, Desjardins ...
Now also Available 1st & 2nd Mortgage: Refinance, Renewal, Debt Consolidation, Self-employed, Rejected by bank, New Immigrants
Pls. Call: Guilroy or Rahul (Henriques Financial Inc.)
Tel: 416-898-8889 / 905-282-0800 / 1888-744-9418 (24/7)
Email: henriquesfinancial@rogers.com Website: www.henriquesfinancial.com
Mortgages provided by a licensed mortgage agent at C.M.B. Canada Mortgage Brokers Inc. # 10134 M08000548

Turkey. Genocide label marring trade talks with Canada, says ambassador

Turkey's ambassador to Canada says the Harper government's decision to brand the killing of Armenians by Ottoman Turks as genocide may be hindering a potentially lucrative trading relationship.

Ambassador Tuncay Babali made clear in a wide-ranging interview with The Canadian Press that Canada's position on the First World War-era slaughter of an estimated 1.5 million Armenians still carries a sting for his country.

But that doesn't mean Turkey doesn't want to press on with forging a deeper economic relationship with Canada, ideally a free-trade agreement to complement the current Canada-EU free-trade talks once they are completed, he said.

"I'm a true believer in the potential of our two nations. Canada has a lot to offer Turkey, and Turkey in return has a lot to offer Canada," said Babali, noting that Canada's internal Foreign Policy Plan has identified Turkey as a key country of focus.

"It cannot be business as usual while accusing a nation of genocide.

"It's a serious allegation. It needs to be substantiated, legally, historically," he added.

THE CANADIAN PRESS

Relations

- **Slow going.** Turkey's ambassador Tuncay Babali said he suspects Canada is not engaging as quickly as Turkey would like because the genocide issue is still hanging over relations. "There is a pacing issue here," he said. "We want results. We want action. We want concrete steps forward. Talking about positive things is OK, but it takes two to tango."

India. Nine arrested in building collapse that claimed 74 lives

Police say they've arrested nine people, including builders, police officers and municipality officials, for colluding to illegally construct a residential building in India's financial capital that collapsed, killing 74 people.

Police commissioner K.P. Raghuvanshi says two builders were arrested for allegedly paying bribes to police and municipality officials to construct the eight-storey building in the Mumbai suburb of Thane without any official sanction.

The building came crashing down on Thursday in the country's worst house collapse in recent decades. Raghuvanshi said Sunday that police will formally charge the nine with culpable homicide and causing death by negligence at the end of an investigation into the accident.

If convicted, they can be sentenced to up to life in prison.

THE ASSOCIATED PRESS

Nine people have been arrested in connection with an illegally constructed building that collapsed near Mumbai. THE ASSOCIATED PRESS

MBA Essentials for Managers
Eight Insightful Evenings
Eight Inspiring Minds
Starts Tuesday, May 7, 2013
Apply Online:
www.mbaessentials.ca
or Call: 416.978.0578
Rotman School of Management UNIVERSITY OF TORONTO
Rotman

HONDA ROADSPORT HONDA HONDA
Spring SPECIALS
2008 Honda Civic
Stock #: 5613P
Was: $12,333
Now: $10,500
93,594km
2008 Honda Civic
Stock #: 5511P
Was: $11,395
Now: $9,700
98,000km
2008 Honda CRV EXL
Stock #: 5574P
Was: $21,333
Now: $18,500
89,000km
2012 Honda Accord EXL
Stock #: 42857DA
Was: $27,667
Now: $24,700
29,000km
All vehicles are plus hst, 5 omvic, licensing and $40.00 Gas.
ROADSPORT Honda
416-291-9501
www.roadsport.com • 940 Ellesmere Road (At Kennedy)
HONDA Certified
HWAY 401
Kennedy
Ellesmere

File:Maslow's Hierarchy of Needs.svg
morality, creativity, spontaneity, problem solving, lack of prejudice, acceptance of facts
Self-actualization
self-esteem, confidence, achievement, respect of others

Psych 101: Part of Wikipedia's entry on psychologist Abraham Maslow.
SCREENGRAB/WIKIPEDIA

Student help gets Wikipedia crabby

'Anyone can edit'?
Online encyclopedia isn't quite as keen on crowdsourced content as previously thought

A recent dust-up between Wikipedia and Canada's largest university raises questions about how collaborative the popular website that bills itself as "the free encyclopedia that anyone can edit" truly is.

The online information portal recently took a professor from the University of Toronto to task for one of his classroom assignments. Steve Joordens urged the 1,900 students in his introductory psychology class to start adding content to relevant Wikipedia pages. The assignment was voluntary, and Joordens hoped the process would enhance Wikipedia's body of work on psychology while teaching students about the scientist's responsibility to share knowledge.

But his plan backfired when the relatively small contingent of volunteer editors that curate the website's content raised concerns about the number of contributions pouring in from people who were not necessarily well versed in the topic or adept at citing their research. THE CANADIAN PRESS

Too many cooks

"I assumed that the current core of editors was extremely large and that the introduction of up to 1,000 new editors would be seen as a positive."
University of Toronto professor Steve Joordens

Foreign workers. RBC facing customer backlash over report

The Royal Bank of Canada was scrambling to explain its hiring practices to customers Sunday after a media report claiming the bank was employing foreign workers to replace Canadian staff prompted a flood of outrage.

Canada's largest bank said it has not hired foreign workers to take over the job functions of current employees, but said it uses external suppliers as one of its strategies to improve "operational effectiveness."

The bank's move to clarify its hiring strategies came after a CBC News report that quoted a Toronto employee working in IT systems support for RBC Investor Services who said he and dozens of others were losing their jobs to temporary foreign workers.

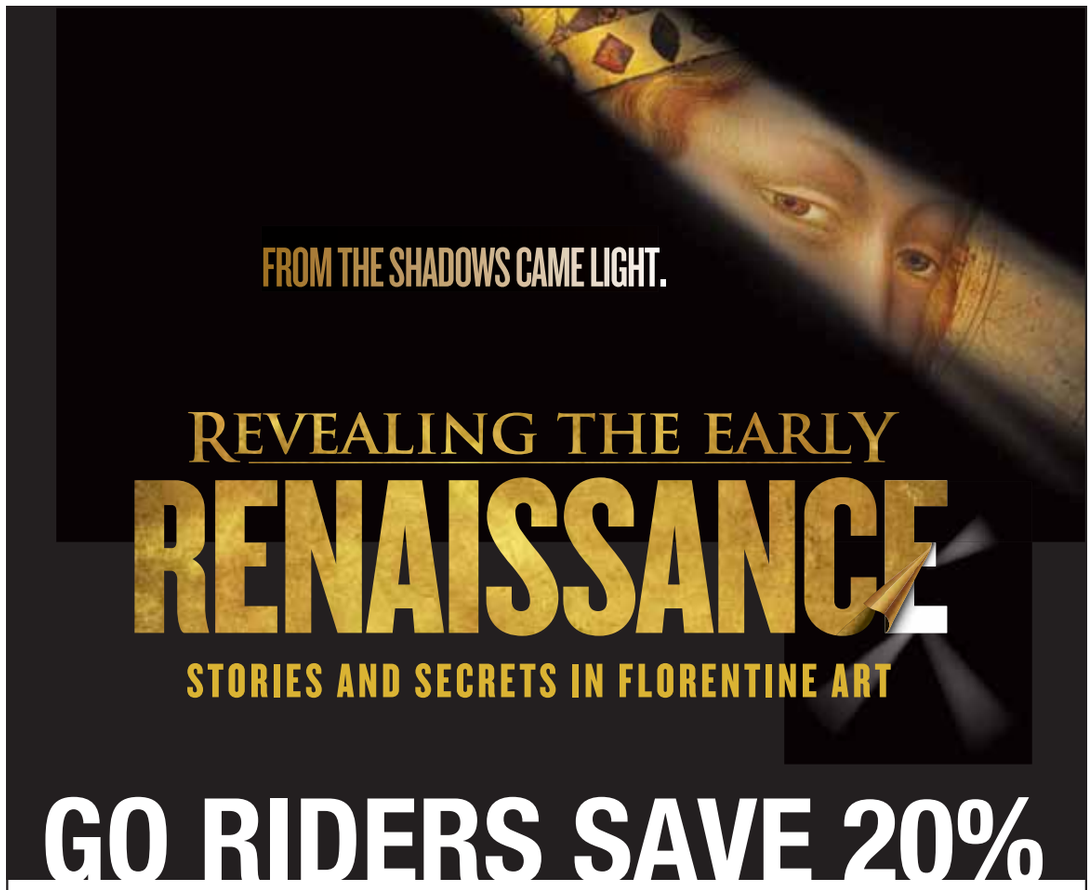
RBC said it would discuss the situation with government officials. That wasn't enough to placate many Canadians who took to the Internet to express their anger. THE CANADIAN PRESS

Online outrage

- On Facebook, a Boycott Royal Bank of Canada group had over 1,400 "likes" by Sunday evening.

LOWEST RATES for bad credit loans in GTA since 1984
Need a loan? Fast Same Day Loans
Personal loans Up to $3000 ➡ (1 yr on job; $16/hr.min.req.)
Car paid off? ➡ Up to $20,000 (6 yrs or newer)
Open loans. ➡ Pay off early. Get refund.
416-634-2013 Prudent Financial Services
PrudentLoanApprovals.com

ROCHON | GENOVA LLP
BARRISTERS – AVOCATS
DISABILITY CLAIMS?
Have you been denied or cut off from your long or short–term disability insurance benefits? We can help you!
• Free Consultation
• No payment until claim is settled
Call: 416-363-1867
www.rochongenova.com



GO RIDERS SAVE 20%

GO back in time and experience the Early Renaissance at the AGO! Discover a 700-year-old collection of rare masterpieces by artists who gave birth to the Renaissance – and changed art, and the world forever.

Until June 2, GO riders will receive 20% off each admission to the exhibition Revealing the Early Renaissance: Stories and Secrets in Florentine Art or $20 off a Family Membership to the AGO. Present your GO ticket or PRESTO farecard at the AGO box office or visit **ago.net/gotransit** and use promo code: **GOAGO**.

Co-organized by the J. Paul Getty Museum and the Art Gallery of Ontario

Bernardo Daddi, A Crowned Virgin Martyr (detail), ca. 1334-38. Tempera and gold leaf on panel, 61.6 x 30.5 cm. Gift of the Samuel H. Kress Foundation.
© Fine Arts Museums of San Francisco.

416 869 3200
1 888 GET ON GO (438 6646)
TTY 1 800 387 3652
Pour plus de renseignements, veuillez visiter le site gotransit.com ou composer un des numéros ci-dessus.

AGO Art Gallery of Ontario
A Division of METROLINX

THIS SPRING, GET A BIKE IN T.O.

URBAN COMPASS

Matt Elliott
toronto@metronews.ca

It's springtime in Toronto.

And with the promise of warmer weather comes an opportunity to give out the best piece of advice I have about living in Toronto: You should get a bike.

I understand if you're skeptical. I was too. I lived in the heart of this city for more than two years before I even considered two-wheeled transportation. I used to look at cyclists weaving on downtown streets and think they were absolutely nuts.

But then I moved to a new house, which just happened to be a little bit too far from a subway station to make for a reasonable walk. And so a bike seemed like a reasonable — if kind of scary — option for getting around on days when I didn't want to use my car.

The effect was almost revelatory. Toronto can often feel big and spread out, and that feeling is made worse by ridiculous traffic and crowded public transit. But on a bike, Toronto feels small. Accessible. A trip from Leslieville to the Junction or from the Beach to Etobicoke can be a daunting trek by other means, but a bike makes it all possible.

Sure, it can still seem dangerous out there on busy streets with little between you and five-ton trucks. There's not much in the way of bike infrastructure in this city, and that's been made worse by political wrangling that has seen existing lanes painted over and plans delayed and repeatedly rewritten. But even if you're nervous, I'd urge you to try it.

Start small. Start slow. Be confident and defensive. And another thing: Be responsible. There's a tension between motorists and cyclists that really simmers in this city. And I get it — I've seen it from all angles. I get mad when I see drivers pass bikes too closely or lean down on their horn when a cyclist takes the whole lane to stay safe. But it also frustrates me when I'm out riding and stop at an intersection only to watch as the cyclist behind me blows through the red light. It's too common — and, fairly or unfairly, it makes us all look bad.

So take a pledge with me. When you're out riding this season, be conscious of the rules of the road. That means waiting for green lights, doing hand signals to indicate you're going to turn (even if it makes you feel like a dork), spending the ten bucks to get proper lights for night riding, and not creeping up beside cars that have signalled a right-turn. Seriously, drivers can't see you.

Above all, be good. Be better than good. And enjoy the ride.

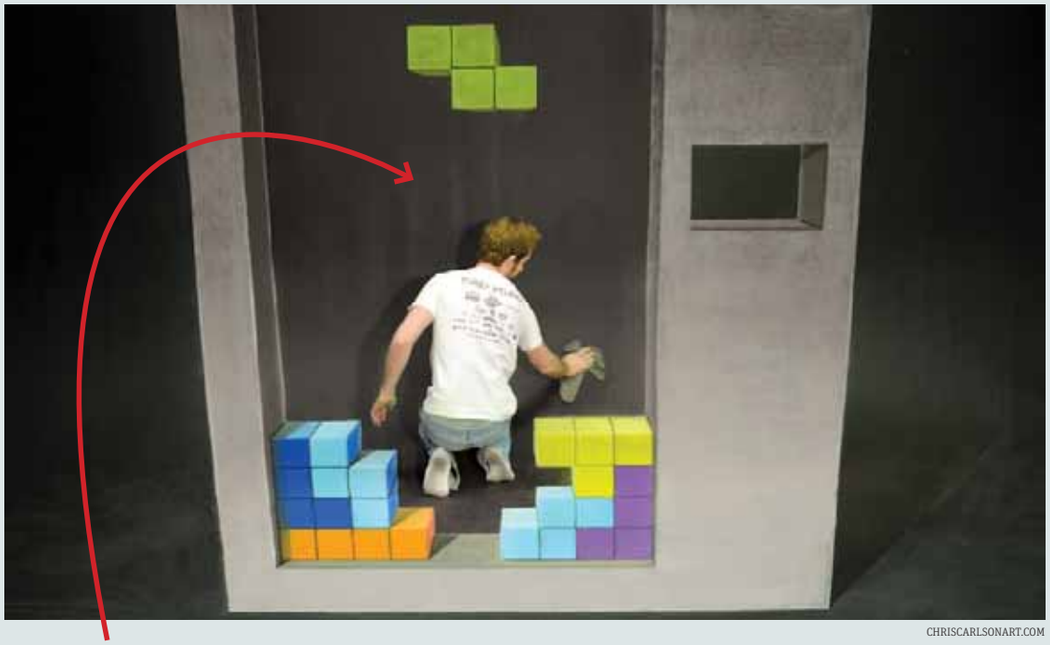
But remember ...

When you're out riding this season, be conscious of the rules of the road.

Read more of Matt's blog, Ford for Toronto, at metronews.ca

ZOOM

Chalk this one up to dedication



CHRISCARLSONART.COM

The next level of Tetris: flip-book art

Artist Chris Carlson is known for his anamorphic 3D stop-motion videos. Using chalk, he draws different images and animates them by taking different pictures of his work and putting them together like a flip-book.

In his latest video, he pays homage to the iconic puzzle game Tetris.

Although art is his passion, Carlson didn't always set out on this path. He initially went to business school and received a finance degree. However, after seeing 3D chalk drawings on the Internet, he decided to give it a try.

METRO WORLD NEWS

Game boy

"I needed some art for my walls. It was the first time I tried to do a painting, so I did a lot of abstract work."

Chris Carlson said of his first project.

Just a block of time

40 hours

It took Carlson 40 hours to complete the 50-second video, which he did in four 10-hour days.

"There were days where I thought I was going to go crazy in the studio drawing Tetris block after Tetris block," he admitted.

Visit chriscarlsonart.com.

A few Good Samaritans.
Passersby step up to save man in car accident

News worth sharing

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate people, inspiring projects and stories worth celebrating. Here's just one.

When Alex Kay lost a cousin in a car accident in 2011, he didn't realize he'd have the chance to be another driver's hero just 18 months later.

Driving to a meeting on March 26, Kay spotted a car crashed against a transformer on the slope of a muddy embankment.

Pulling off the 401, he rushed out with a spontaneous rescue team of six motorists.

They stabilized the tipping vehicle and carefully removed the driver, with Kay co-ordinating.

"People don't respond in crowds. You have to single people out: 'You call 911. You stay with him.'" The driver was safe and sound, so the group waited with him until police arrived minutes later. "We were just ordinary people," says Kay.

The band of heroes included a postal worker, truck driver, off-duty ER nurse and pair of athletes, all of whom dived into action despite obvious concerns for their own safety.

CRAIG AND MARC KIELBURGER

Craig and Marc Kielburger are founders of the international charity and educational partner Free The Children.
Email them for more information and to get involved. Help the good news get around. Send your stories to goodnews@metowe.com and we'll share them right here.

Letters

I would like to extend a bouquet to the investigative reporters at the Canadian Broadcasting Corporation (CBC) for exposing the extent of tax avoidance and evasion in Canada.

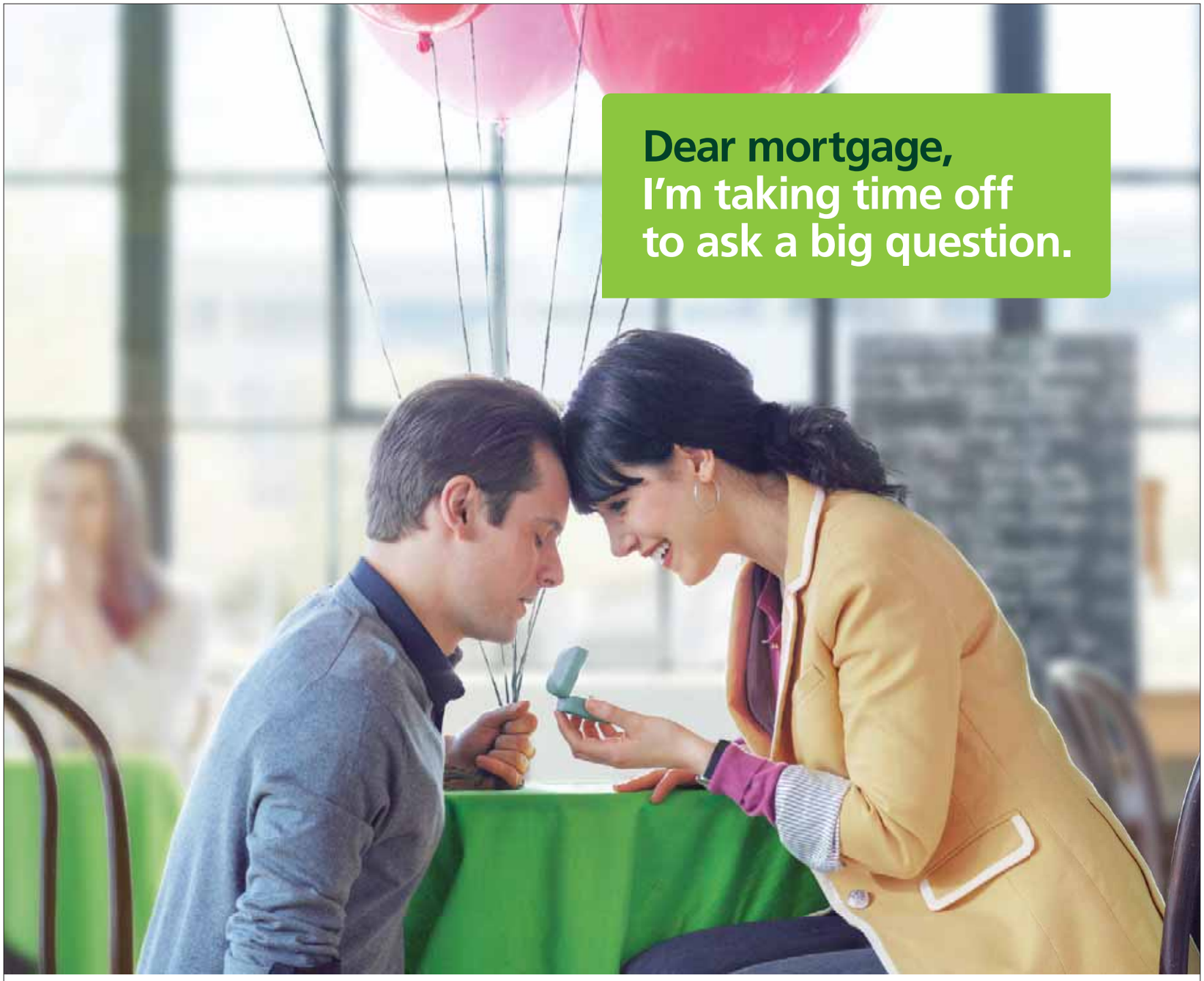
It is my hope that the CBC exposure will result in a public clamour that spurs the Harper government into action.

The very rich should not be allowed to have their way with politicians, and, by extension, the general public. If that lost revenue were to be recovered, it would go a long way toward paying for social services and infrastructure renewal, and reducing or eliminating the deficit. Politicians are fond of telling us to tighten our belts, while they allow the very wealthy to use tax havens and loopholes to get away without paying their fair share of taxes.

William Dascavich
Edmonton, Alta.

WE WANT TO HEAR FROM YOU:
Send us your comments: torontoletters@metronews.ca

metro
President and Publisher Bill McDonald • **Editor-in-Chief** Charlotte Empey • **National Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Toronto** Tarin Elbert • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Distribution Manager** Steve Malandro • **Vice-President, Sales and Business Development** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Finance** Phil Jameson • **METRO TORONTO** 625 Church St., 6th Floor Toronto ON M4Y 2G1 • **Telephone:** 416-486-4900 • **Fax:** 416-482-8097 • **Advertising:** 416-486-4900 ext. 316 • adinfotoronto@metronews.ca • **Distribution:** toronto_distribution@metronews.ca • **News tips:** toronto@metronews.ca • **Letters to the Editor:** torontoletters@metronews.ca



Take time off from your mortgage payment. Our TD flexible mortgage feature comes with life in mind. You have the option to save up, then take a payment vacation for up to 4 months.[1] How you spend your payment vacation, well that's up to you.

For more information visit a branch
or tdcanadatrust.com/paymentvacation
or call 1-866-492-4938 today.

TD Banking can be this comfortable.

[1] Some conditions apply and subject to approval.

®/The TD logo and other trade-marks are the property of The Toronto-Dominion Bank or a wholly-owned subsidiary, in Canada and/or other countries.

The great homebuying debate

New versus used.
Decision will be based on your needs

LESLEY SCORGIE
For Metro

There are pros and cons to buying new versus resale (used), but the decision should support your needs. JUPITERIMAGES/CREATAS/THINKSTOCK

There are benefits and drawbacks to buying a new versus resale (used) home and there is no clear winner in this debate — the decision has to support your needs.

Besides the "new home smell," the key benefits of buying new are that no one else has lived in the home, you can often customize features, and it is up-to-date with technology, codes and standards. New homes also showcase modern design, offer warranties (check the conditions) and have sparkling new appliances.

The drawbacks, however, are that homebuyers must pay HST/GST, which adds up to thousands. The government does offer certain rebates to new homeowners, so check its website (cra-arc.gc.ca). Additionally, many new homes are located in developing communities further from the city centre where schools and parks are not complete.

The key benefits of buying used are that you can see exactly what you are getting, neighbourhoods are typically developed and the community culture is long established, which may suit your lifestyle. This combination allows you to observe road traffic, sense of community, and accessibility to schools, parks, and retail stores. You may also benefit from add-ons from the previous owner like a garage, or upgraded countertops. In many cases, the landscaping is complete and trees are mature.

But there are compromises when buying resale. Unless you plan a major renovation, you can't move walls, pick tiles, or select the size of your bathroom vanity. Resale homes also tend to be older and can have higher associated maintenance costs.

If you want the best of both worlds, consider building a new home in an established neighbourhood.

In all cases of home purchasing, for personal peace of mind and financial protection, get a home inspection. A qualified home inspector can uncover issues that you can't see with the naked eye.

Home inspections are an important safeguard

Bills can certainly pile up when purchasing a home. But one you shouldn't skip out on is a home inspection.

Typically, for a few hundred dollars through a visual inspection, an inspector can help determine the overall quality of the property you are going to buy. Their job is to communicate to you the condition the house is in and, specifically, identify whether there are certain aspects that require repair, replacement, maintenance, or are concerning in other ways.

Besides offering an overall opinion as to the structural integrity of the property and/or building, the main aspects of the home that an inspector examines are:

- Foundation.
- Windows, doors and walls.
- Roof, gutters, outside walls and the slope/drainage of the property.
- Plumbing and electrical systems.
- Heating and cooling systems.
- Insulation and ventilation.
- If it's a condominium, common areas are examined.
- Many inspectors will turn on all the appliances to see that they function, but this isn't their key focus since appliances may work one day, then become broken the next.

When an inspector identifies trouble spots with the property, they can often provide some level of assessment as to the costs associated with fixing the issues. But if the inspector doesn't offer a financial assessment, they have contacts within the renovation and repair business who can provide quotes.

Should the inspector identify significant issues with the property (typically costing more than a few thousand dollars to fix), buyers often have the right to renegotiate, or walk away from their offer to purchase. However, this conditional clause must be written into the offer.

There isn't a national standard for home inspectors. Rather, home inspectors are provincially regulated. So, wherever you live, check out your province's official website for qualified home inspectors.

You can find a home inspector through your realtor, referrals from friends and family or by looking up local inspectors through your province's official home inspection website. Once you have interviewed the inspector, check that your home inspector has the correct certification and qualifications.

LESLEY SCORGIE

Get an appraisal

- Whether there are trouble spots with your property or not, get an appraisal. An independent appraisal will reveal how much the property is worth. It takes into account the home inspection (the shape the property is in), current market conditions and comparable properties within the area. This assessment should help protect the buyer from overpaying.

A home inspector can determine the quality of property you are thinking about buying. COMSTOCK/THINKSTOCK

Your list of home must-haves should reflect your needs five to 10 years from now. ISTOCKPHOTO/THINKSTOCK

Prepare your home wants and needs

Congratulations, you have saved a down payment and you are ready to shop.

Before you start visiting random open houses or hire a realtor, prepare a list of your needs and wants. This will guide your house hunting, saving both time and money.

According to a recent ComFree Network survey, more than one-quarter of Canadians move every five years, and another 14 per cent get the urge much sooner. Your list of home must-haves should reflect your needs five to 10 years from now.

Of greatest importance is location. Think about safety, accessibility, and resale ability. Weigh the pros and cons of living urban versus suburban versus outside city limits — namely commuting, noise, and property size versus price.

To save time and commuting costs, do you want to live near your workplace? If you are car-less, how easily accessible is public transit, Car2Go or ZipCar? If you have children, access to schools and playgrounds is vital. If you are a fitness junkie, nearby recreational facilities are important.

Both the property and location should support your lifestyle. If you are an adventure fanatic you will want easy access to the outdoors and space for skis, bicycles and canoes. Children and pets often require family-friendly yards and playrooms. If you work from home, you will need a home office. Entertaining overnight guests or having a roommate may translate into a larger kitchen and spare bedrooms. If walking to get a coffee every morning is important, buy near a bustling java stop.

Life stage dictates optimal size. Will you move in with your partner or need a spare room for a baby? How many bath and bedrooms will you require? If you own a vehicle, will you have parking?

Based on your wish list, select the ideal home type — townhome, attached or detached home, or condominium.

Use CMHC's Home Features Checklist to pull it all together.

LESLEY SCORGIE

Freehold ownership

- Freehold ownership is where you and/or another person own both the physical land and the home on the land. As long as you don't break any laws, you can do almost anything to the property. With condominium ownership, you own the unit you live in and share in the ownership of common space within your building. You are limited in what can be changed.

Buying and selling. Finding a good agent

LESLEY SCORGIE
For Metro

Real estate agents work on commission and sometimes their interests differ from yours. But there are many benefits to working with a good agent — they are knowledgeable about the real estate market (where, when, and how to buy) and how to conduct a successful real estate transaction.

Often, they have access to better market information than you might have, such as price comparisons or future community development plans. So if a house went up for sale, they might be notified of the listing before it is posted for the public to view.

To find an agent, ask your friends and family for referrals. Next, check out local advertising. Tour the areas in which you would like to live and look at the for sale signs on some of the houses that catch your interest. The real estate agent's name, phone number, and website should be listed there.

Interview at least three agents and phone their past clients for references. You will want to work with someone who is competent, experienced, has a proven track record of integrity and high standards, knows how to negotiate, and understands finances well.

A good agent will stick to your guidelines and provide information and ideas that are within your boundaries.

If you choose not to work with an agent, you will have to research the areas in which you want to buy, learn the price points of homes, set up your own appointments to view the homes, and educate yourself on how to conduct a real estate transaction. You will also need to arrange for the home inspection and, if the inspector finds something seriously wrong, you will have to deal with the legalities of backing out of the sale if you choose to do so.

Carefully consider the time and risks involved when you don't use an agent. Unless you have a significant amount of time on your hands, it's going to be hard to manage the entire homebuying process successfully, especially if it's your first time buying.

Keep in mind that as the buyer, you typically don't pay your realtor a fee, the seller does.

A good real estate agent will provide information and ideas that are within your boundaries. DAVID SACKS/LIFESIZE/THINKSTOCK

Resources

- Whether you choose to work with a realtor or not, there are plenty of resources that can help with your research. Check classified ads in papers and online. Hitwise released its top Canadian real estate websites in 2011. The top 10 were: realtor.ca; RE/MAX; ComFree Network; Royal LePage; Century 21 Real Estate; Homes.Point2.com; Viewit.ca; Sutton; Realtor Link; and Property Guys.

Harrison Ford and Chadwick Boseman star in 42, which opens this Friday. HANDOUT

Ford's pitch for civil rights

Baseball breakthrough. Star doesn't know much about sports, but he has plenty to say about issues of equality

NED EHRBAR
Metro World News in Hollywood

Before you ask, Harrison Ford doesn't want to talk about Star Wars. Or Indiana Jones or other franchises that he may or may not be taking part in again. "Ain't going there," he offers simply. And he's not much interested in the broader workings of Hollywood as an industry as far as why certain types of films have a better chance of getting made than others. But social justice issues? He has plenty to say about those. That's a big reason why he took on the part of Brooklyn Dodgers general manager Branch Rickey, the man who brought Jackie Robinson on as the first African-American player in major league baseball.

You were a kid when the events in 42 happened.
I was born in 1942. I wasn't a big baseball fan, so I think it went largely unnoticed in our family. My parents were old-style Democrat liberals and they were very interested in social justice, but because we weren't so involved in baseball we didn't really so much notice, and I think they were very involved and vocal when it came to the civil rights movement years later, but by then I had fled the nest. So I vaguely knew that something was happening, but I wasn't a sports fan, didn't follow sports.

Did you ever become a baseball fan?
Nope, nope. You know, I learned what I needed to learn about the business of baseball, what was going on in baseball and who these characters were that were coming into my office as elements in the story. But that's the depth of my knowledge.

Do you see any parallels between Robinson's story and the current battle for marriage equality?
I think there's a metaphor you can reach for, according to your own interests and your own understanding and your own issues. But trying to create the best expression of the ideals — the most equal society, the best-regulated society, the best-behaving society — depends on attending to equality and inequity whenever it rears its ugly head. Certainly the marriage issue conveniently falls into that category.

It's remarkable how quickly opinions on it have been changing over the last few years.
Yeah, things do change quickly at a tipping point, as it builds and it builds and it builds until there's a moment where the balance of opinion, the weight of experience and the understanding comes to a point where the scales tip in the other direction. We're getting there, we're getting there. You know, you would hope that it would have happened with less resistance. You would have hoped that everyone would get the point at the same time, but life's not like that.

You recently worked for a bit on Anchorman 2.
I went to Atlanta to do a cameo in Anchorman 2 — if you call that work. It felt like a goofy dream. It's a whole different ball of wax.

Is that character anything like the TV news man you played in Morning Glory?
Dangerously close, unless what I did to get distance between the two of them worked.

GOT A LEAKY ROOF?
NEED HELP WITH A MORTGAGE PAYMENT?
HERE'S YOUR CHANCE TO
WIN $2,000
YOU CAN USE TOWARDS YOUR HOME

RE/MAX
RE/MAX ULTIMATE REALTY INC., BROKERAGE
EACH OFFICE INDEPENDENTLY OWNED AND OPERATED
Not intended to solicit Purchasers under Purchaser/Agency agreement of properties currently listed for sale

VISIT clubmetro.com TO ENTER

Omar Ibrahim
Sales Representative
416 487 5131
www.listwithomar.com

To register and for full contest details visit clubmetro.com
"Buy with me and your first mortgage payment is on me!"

EBIKE UNIVERSE
THE ULTIMATE EBIKE STORE

Ebike Universe North
134 Oakdale Rd.
Toronto, ON, M3N 1V9
Tel: (416) 749-2324

Ebike Universe Etobicoke
35 Stoffel Drive, Unit B
Etobicoke, ON M9W 6A8
Tel: 416-240-1384

FREE DELIVERY
Gatto $1499*
Austin $1499*
FREE HELMET
CALL FOR DETAILS
GO GREEN
NO LICENSE, NO INSURANCE REQUIRED

Ebikes Feature:
LED LIGHTS, 500W MOTOR, HYDRAULIC DISC BRAKES, ADVANCED MOTOR WITH DAYMAK DRIVE, ALARM & REMOTE

For Additional Safety:
RAIN PONCHO, EBIKE PLATE, TOOL KIT WITH PUMP AND REPAIR KIT, REFLECTIVE TAPE

*Taxes, PDI ($139 Included 2 Year Warranty) Are Extra.

Pop goes the week

Selena is so over Bieber, Lady Gaga is so over her old wheelchair

STARGAZING
Malene Arpe
scene@metronews.ca

Lady Gaga switches her post-operation 24-carat gold wheelchair for a Louis Vuitton wheelchair. In unrelated news I just switched my moderate queasiness to full-blown nausea.

Robert Pattinson and Kristen Stewart reportedly spent the Easter holidays together. They enjoyed ham, chocolate, clumsy hugs and awkward silences.

Selena Gomez says she isn't looking for a boyfriend after breaking up with Justin Bieber. Understandable. After dating a no-shirt-wearing, neighbour- aggravating, drop-crotch-pants-loving, too-many-cars-owning, non-stop-partying, and compulsively-instagram-ming-monkey fancier it would be difficult to settle for less.

This week Lindsay Lohan allegedly took home a whole bunch of stuff from the Anger Management set and she was photographed hiding under a table on a dirty floor in a Brazilian night club. Even Justin Bieber is concerned.

Madonna's alcoholic brother, who lives under a bridge, says Madonna doesn't "give a bleep if he's dead or alive". Says a rep for Madonna: "That's not true at all. Once upon a time Madonna and two billy goats came upon her brother's bridge and tried to pass and it became this whole thing. Not her fault at all."

Amanda Seyfried is mistaken for Lindsay Lohan at an airport. That

explains Amanda's emergency face tattoo and sex change surgery.

Dido says son Stanley wasn't named after Stan, her famous collaboration with Eminem. She does however admit that her tea's gone cold on several occasions.

HBO's Game of Thrones is renewed for a fourth season. The House of Duh is not surprised.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Katy Perry has familiar shoulder to cry on after split with John Mayer

While Katy Perry recovers from her breakup with John Mayer, she's reportedly turning to a very surprising source for comfort: ex-husband Russell Brand.

Sources tell Radar Online that Perry has been texting Brand for advice following her split.

"Russell may appear like a comic book character, but he's got a wise head on his skinny shoulders," a source says. "Katy reached out to him after she split with John, bemoaning her luck with men, and Russell provided her with some much-needed reassurance. He flattered her with compliments and just listened to her every word. Russell also used his wit to cheer Katy up."

Katy Perry

Amanda Bynes

Amanda: is this photo OK?

Amanda Bynes has a bone to pick with members of the press who are reporting on her wild and unpredictable antics on Twitter: They're not using the right photos. "They write a news article about every tweet I write, and I hate the picture they choose. They repeat what I tweet then add a bad photo," Bynes posted to her Twitter account, asking that the press "only use photos from my Twitter when writing an article about me." And she has a punishment lined up for outlets that don't adhere to her rules. "I'm putting a photo up of everyone writing articles about me from now on," she wrote. "I ask you to choose photos from my Twitter so I'll do the same."

Global Reach. Innovative Programs. Diverse Perspectives.

Schulich MBA

Schulich School of Business
York University

YORK UNIVERSITÉ UNIVERSITY

"Schulich's rich learning environment comes from both faculty and students' multidisciplinary approach to management education. The **diversity of specializations,** sectors and global experiences enable us to explore issues from a **wide range of perspectives** in the classroom."

Moren Lévesque
Professor of Operations Management and Information Systems
Certified General Accountants of Ontario
Chair in International Entrepreneurship

Diverse Perspectives.

Multiple approaches to private, public and nonprofit sectors. International students and faculty. Focus on economic, social, ethical and environmental issues to gain a career advantage. Experience Schulich.

www.schulich.yorku.ca

Schulich Programs: MBA, Accelerated MBA, IMBA, MBA/JD, MBA/MFA, MBA/MA, MPA, MF, MSc (Business Analytics), MAcc
Study Options: Full-Time, Part-Time Evenings, Days and Alternate Weekends

Program Information Sessions

Downtown Campus
April 9, 12:00 pm – 1:00 pm
Miles S. Nadal Management Centre, 222 Bay Street, Suite 500

Main Campus
April 23, 6:00 pm – 7:30 pm
Schulich School of Business, 4700 Keele Street, W123

To register, visit: www.schulich.yorku.ca/infosessions

Schulich Leads in Rankings Schulich is ranked in the world's top tier of business schools by *The Economist* (#16 in the world); *Forbes* (10th best non-US school); *Bloomberg Businessweek* (14th best non-US school); The Aspen Institute, a US think tank (#2 in the world in Social and Environmental Leadership); and *Expansión* (#22 in the world) in their most recent global MBA surveys. The Schulich MBA is also ranked #1 in Canada by *The Economist*, *Forbes*, The Aspen Institute and *Expansión*.

Secret to parenting equality? Saving time

New book. Metro's family columnist weighs in on Facebook chief operating officer's new release

IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

Chief operating officer of Facebook, Sheryl Sandberg, is encouraging women to "Lean In" to their careers, with her book of the same name. Essentially, she is tackling the age-old dilemma of how women should compete in a "man's world."

She argues that unless women approach a relentless pursuit of success at the office, we will never be able to achieve equality at home, both in terms of domestic responsibilities and raising the kids. According to Sandberg, one day the sight of watching a man do laundry will be "sexy."

While I'm not sure about that — productive, useful and obvious come to mind far before the word sexy does — I do agree that we need to find ways to be more efficient at home to get some equal footing.

In fact, as I wrote about in my new book I Am So The Boss Of You: An 8 Step Guide To Giving Your Family The Business I concur that applying a more structured approach to the home is one way to get some control into the "wild ride" of parenting. And part of that structure has to include an equalization of domestic duties. But ultimately I don't think that moms will have achieved equality with dads until we can save time like they do.

Dad's cooking doesn't get questioned by the kids nearly as much as mom's. ISTOCK

Only a dad can throw out kids' artwork without attempting to a) hide it under all the recycling first or b) photographing and scrapbooking parts of it first or c) feeling guilty about it for a week. Not so for us moms.

Dads can call a slopped together meal Cowboy Casserole and get the kids to eat it without them once questioning the origin or the pedigree of the ingredients. I usually have to prove to them why my cooking isn't bad.

And how about the amount of time moms spend on making sure that we dress ourselves appropriately? Just consider how easy life would be at home if we didn't mind throwing on socks and sandals while proudly parading around in corporate logoed golf-shirts. Think of the accumulated minutes we could save just by not tucking in a shirt on the weekends.

But that's not all. Until we can liberate ourselves from the brain space required to know the last time the seven-year-old had a shower, the 10-year-old went to the dentist or the 14-year-old cracked open a textbook, most moms will still be more worried about falling over (with exhaustion), than leaning in.

KATHY BUCKWORTH IS AN AWARD WINNING WRITER. VISIT KATHYBUCKWORTH.COM OR FOLLOW KATHY ON TWITTER @KATHYBUCKWORTH.

Exclusively online

Family-friendly brunch: where the restaurant is overrun with screaming children. Follow the comedic (mis)adventures of mommyhood online with Reasons Mommy Drinks at metronews.ca/voices.

New mom memoirs

Everything is Perfect When You're a Liar

Kelly Oxford is one of Twitter's favourite personalities. Go behind the scenes of her family life in her new collection of essays, out now.

Baby Steps: Having the Child I Always Wanted (Just Not As I Expected)

Actress Elisabeth Röhm details her struggles with infertility while trying to remain in the Hollywood scene.

Moms Who Drink and Swear: True Tales of Loving My Kids While Losing My Mind

Nicole Knepper chronicles the utter lunacy that comes with being a parent, with glass in hand.

CLINICAL TRIAL PARTICIPANTS NEEDED

Pharma Medica Research is looking for men and women diagnosed with any of the following disorders to participate in an upcoming study:

- Schizophrenia
- Schizoaffective
- Schizophreniform
- Bipolar Disorder

You will be financially compensated upon completion of the study

For more information call 416.759.5554

You've boiled and fried it, so why not bake it as well?

KAREN HUMPHREY
YummyMummyClub.ca

As a child, baked rice was one of my favourite side dishes.

Back in the '70s, packets of pre-seasoned rice mixes weren't nearly as popular as they are today, and many foods were made from scratch instead. Forget about the excessive amounts of salt and dried out veggies in the packaged mixes, this version gives you loads of healthy veggies and real food ingredients.

Make this a meal by adding garlic shrimp or chicken. KAREN HUMPHREY OF YUMMY MUMMYCLUB.CA

Ingredients

- 1 tbsp butter
- 1/2 cup onion, chopped finely
- 1/2 stalk celery, chopped finely
- 1 garlic clove, minced
- 1 thai chili, seeded and minced finely (optional)
- 1/2 carrot, peeled and chopped finely
- 3/4 cup long grain white rice
- 1 1/2 cup chicken broth
- 1 lemon, zested
- 1/3 cup frozen peas
- 2 tbsp chopped fresh Italian parsley
- 2 tsp chopped fresh thyme
- handful of chopped almonds
- salt and pepper to taste

1. Pre-heat oven to 350 F.

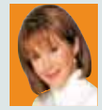
2. In an oven proof Dutch oven over medium heat, melt about 1 tbsp butter. Add the onions, celery, garlic and chili, and sauté until softened, about 5 minutes. Stir in the carrot and continue to sauté another 2 minutes.

3. Add the rice to the pot, stirring and cooking about a minute before pouring in the chicken broth and zest over top. Bring to a boil before covering with lid and putting pot in the oven to bake 40 minutes.

4. Remove pot from oven, then stir in the frozen peas, parsley, thyme and almonds. Put the lid back on the pot and allow it to sit for a few minutes. The heat from the rice will thaw the peas and warm them through, and the cold peas will cool the dish a little. Season with salt and pepper. **YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP BUSY WOMEN SURVIVE MOTHERHOOD.**

Healthy eating

Choose it and lose it



ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

Everyone's favourite fast food chain offers a multitude of options. However, take into account the calories, fat and sodium of popular items to make a better choice.

McDonald's Angus Deluxe

780 calories / 47 g fat / 1,660 mg sodium

Angus beef is fattier than regular burger meat. The premium bun is 240 calories and 540 mg of sodium.

Equivalent

A McDonald's Angus Deluxe is equal in calories to a 13 oz (369 g) New York strip loin steak.

McDonald's Big Mac

540 calories / 29 g fat / 1,020 mg sodium

The Big Mac is a better choice with close to a third less calories, fat and sodium.

Come visit the TTC booth at the **Green Living Show**.

April 12-14

GREEN LIVING SHOW APR 12-14 2013
Direct Energy Centre | GreenLivingShow.ca

Direct Energy Centre – Exhibition Place

From King Station, take the 509 Harbourfront bus or from Bathurst Station, take the 511 Bathurst streetcar or take the 29 D bus from Wilson or Dufferin Stations.

Metropass HOT DEALZ

It's never been easier to attend! Show your March or April Metropass at the door for free entrance!

TORONTO TRANSIT COMMISSION

Benefits just as important as bucks

Pennies vs. protection

It's not all about the number that shows up on your paycheque

YLVA VAN BUUREN
CareerBear.com

OK, how much you make matters — it dictates where you live, where you shop, whether or not you can afford a holiday this year, or a new car. But pay attention to the benefits package the new job is offering, because benefits can be as good as money in the bank.

Salary can be one of about a dozen components of a job offer, and those components, ranging from financial incentives to holiday time, are all considered benefits in today's workplace, according to Stefan Danis, CEO of Mandrake and NEXCareer.

"Benefits are in many ways far more important than salary because of the sheer number that can be on the table," says Danis. "And in effect, they do equal real dollars."

"It really boils down to what you value in life," says Stefan Danis. "Do you value money in your pocket, or do you value other things?" ISTOCK

Companies are increasingly looking at their workforce as individuals, as opposed to groups, and providing as much customization of benefits as possible. "One person's needs are different from another's. One might need an optometrist, another might need a dentist," says Danis.

"I recommend that when people negotiate a job offer, they have a written map of what they need and what they want in terms of money and benefits. If the employer can meet or exceed the need, great."

Here is a checklist of different benefits to weigh against the salary being offered.

Bonus
Find out exactly how your bonus is measured and ensure you can deliver. If it's a bonus that will be earned over both a short and long term, one strategy is to negotiate a lower amount in the short term but substantially more later, says Danis.

RRSP contributions and pension
Retirement income plans used to be the hallmark of benefits but they're not so much anymore, says Danis. Be sure to read the fine print if they are.

Performance appraisal
"Many organizations will review your salary 18 months after joining ... try to accelerate the review," says Danis.

Technology
Does the company supply equipment such as cellphones, iPads, tablets and laptops?

Transportation
Depending on the job, travel allowance, parking and car allowance can be important.

Holidays
Holiday time can be a deal breaker, says Danis. "People will fight harder against having to take less holiday time than less money." If a person has three weeks where they are now, they'll want three weeks where they're going.

Rich in resources

"Benefits are in many ways far more important than salary because of the sheer number that can be on the table. And in effect, they do equal real dollars."
Stefan Danis
CEO of Mandrake and NEXCareer

Medical
Life stage plays into medical benefits. For example, if you have young children and your spouse is self employed, it probably means you need medical and dental benefits and coverage.

Childcare
Having daycare on site or working close to where you reside is important when you have children. Another "benefit" would be the flexibility to leave work early to pick up your kids — given the penalties for being late.

Flex-time/telecommuting
For some people, working from home once a week or doing work when you want to versus nine to five, is important.

Distance learning/education
Some people are interested in conference attendance fees — negotiating this upfront means you won't have to beg to go.

Ergonomics
Some people negotiate ergonomic chairs because the wrong chair causes back problems.

The great web of work

- Career Bear is Canada's premier source for people who want a new career but aren't sure where to start.
- Visitors to the website can browse careers by industry, salary, outlook or alphabetical listing and find job profiles, quick career facts and training programs near them.

Be Job Ready in 5-12 Months!

• Financial Assistance May be Available to Those Who Qualify!
• Second Career Training Funding

The government provides qualified candidates with education funding to train them for a better career, the grant can be up to $28,000 and covers tuition, book fees, transportation and some living allowance. Call us now to see if you are qualified.

Health Care
• Personal Support Worker*
• Community Service & Support Worker*
• Medical Office Assistant*
• CPR & First Aid
*with Internship

Law & Legal
• Paralegal with Internship NEW! (Class starts in 2 weeks)
• Law Clerk with Internship
• Legal Office Assistant
• Police Foundations

IT & Home Inspection
• Network Administrator
• PC Support Specialist
• Computer Service Technician
• Web Designer
• Home Inspection Diploma
• Home Inspection Certificate

Accounting & Business
• Accounting and Payroll
• Business Administration
• Project Administrator
• Conference and Event Planner
• Administrative Assistant

We Speak Your Language – Career Consultation Provided In: English, Français, हिंदी, मराठी, ગુજરાતી, Español, Portugues, 国语和粤语, Română, Русский & فارسي

Academy OF LEARNING Career and Business College
Simply a BETTER Way to Learn!
FREE English & French In-Class Tutoring
416-840-3367
416-969-8845
WWW.AOLTORONTO.COM
DOWNTOWN TORONTO (Bay/Bloor) 1255 Bay Street, Suite 600, Toronto, Ontario M5R 2A9
Academy of Learning Career & Business College (Bay/Bloor) is registered as a Private Career College under the Private Career College Act 2005 and is operated by 1069195 Ontario Inc.

ROBETECH INSTITUTE
Training Healthcare Professionals Since 1988

Become a Health Care Professional within a Year!

Most Diploma Programs Have Practicum!

• Medical Laboratory Technician
• Early Childcare Assistant
• ECG/Phlebotomy Technician
• Physiotherapist/Occupational Therapy Assistant
• Esthetics
• Personal Support Worker
• Physiotherapist Assistant
• Medical Office Assistant
• Occupational Therapist Assistant

Financial Assistance May Be Available to Those Who Qualify!
Are you Eligible for Second Career Funding? Call to Find Out!
Medical Laboratory Technician/OSMT Approved
Medical Professionals May Qualify for Credits for Prior Learning

Call: 416 365 7894
416 466 6107
E-mail: study@robetech.com
www.robetech.com
Robetech Institute Inc. is a Registered Private Career College unter the PCC Act 2005

Courage
Hospitals don't run by themselves.
They need people to deliver care directly and work reliably in the background. Because the real value of healthcare is measured person to person, every day.
We keep hospitals working.

SEIU Healthcare

THE HEART OF HEALTHCARE

Socked! Blue Jays' Dickey decimated by Boston

Jays pitcher R.A. Dickey watches manager John Gibbons approach the mound to pull him from the game in the fifth inning against the Red Sox on Sunday in Toronto. Dickey allowed seven earned runs in 4 2/3 innings. CHRIS YOUNG/THE CANADIAN PRESS

Jays players watch from the Rogers Centre dugout during Sunday's blowout loss. DAVID COOPER/TORSTAR NEWS SERVICE

MLB. Former manager John Farrell gets last laugh, leaving Toronto with series win after blowout finale

On Sunday

13	0
Red Sox	Blue Jays

He's 0-2 with a lofty 8.44 earned-run average and opponents are hitting .326 against him. But R.A. Dickey feels he's very close to the form that made him a 2012 Cy Young Award winner.

Will Middlebrooks homered three times and doubled as the Boston Red Sox hit knuckleballer Dickey hard early en route to a lopsided 13-0 win in Toronto on Sunday afternoon.

"I think you try to draw from some of the past experiences and know that a day like today is the anomaly, not the norm," Dickey said. "I've traditionally gotten off to pretty slow starts in the past. I'm not sure why, that's just the way it has been.

"I'm looking forward to the rest of the month. I know I'm close and so if I can just kind of sit in that, that I'm almost there, I think it will be all right."

Fortunately for Dickey, he doesn't have far to look. In April 2012, Dickey surrendered eight earned runs over 4 1/3 innings in a 14-6 loss to Atlanta — his worst performance as a New York Met — and still posted a 20-6 record last season.

"Atlanta last year was maybe a tad worse than this one," Dickey said. "You have to understand with 33 starts you have a handful you just have to throw out and hopefully the majority of them end up the way you want to.

"But you've got to learn from it too. You have to have aptitude in this game."

Middlebrooks' two-run shot helped anchor a five-run first off Dickey as Boston (4-2) earned the rubber game of the series before 41,168 spectators at Rogers Centre, many resorting to a "Go Leafs Go" chant late in the contest. Middlebrooks added to their angst with solo blasts in the fifth and seventh innings for his first career three-homer contest, giving him four this season.

THE CANADIAN PRESS

Playoff-like tests ahead for Leafs' Reimer

Leafs goalie James Reimer GETTY IMAGES

James Reimer is gearing up for what could be one of those shining moments Monday when the Leafs entertain the Rangers on home ice.

One of the constantly revolving stories with the team lately has been Joffrey Lupul's injury — and there was good news on that front Sunday — but Reimer has become pivotal to the club's success. Monday's game puts him in a matchup with Rangers' superstar Henrik Lundqvist.

First Lupul: The Leafs said their injured star had a "good day" Sunday in an optional practice, which was his first skate with the team since suffering a head injury in Thursday's loss to the Flyers.

Lupul looked fine in 20 minutes of skating and light drills. Lupul took a hit to the head and shoulder area. There is no timetable for his return.

Reimer was great in Toronto's 2-1 win in New Jersey Saturday, putting in a performance teams in playoff races expect.

Entering Monday's game, Reimer is not on par with Lundqvist's legend, but he has shown the ability to steal come through when necessary.

"Experience is experience — you can't argue with that," Reimer said. "But at the same time the youthful exuberance we bring to our games every night, you can't disregard that either.... All of us (Leaf players) have played in the playoffs somewhere, in the AHL or in junior, we've all faced that pressure and we've all handled it."

TORSTAR NEWS SERVICE

NHL

Leafs' trip to 'Big House' back on

The NHL's Winter Classic is getting a do-over.

The Toronto Maple Leafs will get a chance to play the Detroit Red Wings in the outdoor game at Michigan Stadium on Jan. 1, 2014, a year after it was originally scheduled.

The Ann Arbor, Mich., stadium — nicknamed "The Big House" — holds just over 107,000 fans, so it's anticipated the game will mark a world record for hockey attendance.

NHL commissioner Gary Bettman also announced the series HBO 24/7 will return, profiling the Leafs and Red Wings.

THE CANADIAN PRESS

Golf

Laird outlasts McIlroy in Texas

Martin Laird tied the course record with a 9-under par 63 to hold off Rory McIlroy to earn his first win in more than two years at the Texas Open. Laird began Sunday four shots behind leader Billy Horschel, but posted a bogey-free round to finish 14 under overall and earn the third win of his career.

Martin Laird tips his cap after Sunday's win in San Antonio. GETTY IMAGES

THE ASSOCIATED PRESS

NCAA

"To be back in this situation definitely means the world to alumni and it means the world to us."

Michigan coach John Beilein whose Wolverines face the Louisville Cardinals in Monday night's championship. Michigan hasn't made the big game since 1993.

Milos lifts Canada to milestone win in Davis Cup at UBC

Tennis. Thornhill native with heavy serve vaults Canada over Italy and into World Group semis

Milos Raonic helped take Canada where it's never gone before at the Davis Cup.

Raonic defeated Andreas Seppi 6-4, 6-4, 3-6, 7-5 on Sunday and Canada advanced to the World Group semifinals for the first time by defeating Italy 3-1 in their quarter-final tie.

Canada will next face Serbia in the World Group semis in September.

Serbia, which features the world's top player, Novak Djokovic, wrapped up its quarter-final tie with the U.S. Sunday when Djokovic defeated Sam Querrey 7-5, 6-7 (4), 6-1, 6-0 to give the Serbs an unbeatable 3-1 lead in Boise, Idaho.

Thornhill's Milos Raonic leaps in the air after defeating Italy's Andreas Seppi in Davis Cup action on Sunday in Vancouver. THE CANADIAN PRESS

Team Canada had never before been to the Davis Cup quarter-finals in the modern era when it accomplished that by upsetting Spain in February.

Roanic's win ran the Thornhill native's winning streak of Davis Cup singles matches to seven straight. His overall record for Canada is now 12-4, 10-3 in singles and 2-1 in doubles.

Canada's victory over Spain at the same UBC venue in early February was a true upset with Spain ranked No. 1 in the world in Davis Cup — although the Spaniards were missing a couple of their top guns.

Raonic and Seppi were virtually tied in the world rankings and Italy's second singles player, Fabio Fognini, held a huge ranking advantage over Canada's No. 2 Vasek Pospisil. And the doubles — which Canada won in five sets Saturday — also looked like a "pick-em" matchup. THE CANADIAN PRESS

Melo makes it 12 in a row

New York Knicks forward Carmelo Anthony dunks between Thunder forwards Nick Collison, left, and Kevin Durant in the second quarter of their game in Oklahoma City on Sunday. The Knicks won 125-120 for their 12th straight win. SUE OGROCKI/THE ASSOCIATED PRESS

CFL

Argos' Owens wins 1st MMA match

CFL star Chad Owens made his mixed martial arts debut a winning one.

The Toronto Argonauts receiver/kick returner earned a unanimous decision against Junyah Tefaga in Honolulu on Saturday night. The two fought as amateurs and battled through two three-minute rounds in their MMA debuts.

Owens, the CFL's outstanding player last season, fought in the 170-pound class and went by the nickname of Mighty Mouse.

Last month, Argos general manager Jim Barker didn't mince words about not being thrilled that one of the club's top players was participating in such a potentially dangerous off-season activity.

There was no indication that Owens was injured in the bout and afterwards the Honolulu Star-Advertiser reported Owens as saying he'll be in training camp on time with the Argos in June. THE CANADIAN PRESS

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
z-Miami	60	16	.789	—
x-New York	50	26	.658	10
x-Indiana	48	29	.623	12½
x-Brooklyn	44	32	.579	16
x-Chicago	42	33	.560	17½
x-Atlanta	42	36	.538	19
x-Boston	40	37	.519	20½
Milwaukee	37	39	.487	23
Philadelphia	31	45	.408	29
Toronto	29	48	.377	31½
Washington	29	48	.377	31½
Detroit	25	52	.325	35½
Cleveland	24	52	.316	36
Orlando	19	59	.244	42
Charlotte	18	59	.234	42½

WESTERN CONFERENCE

	W	L	Pct	GB
x-San Antonio	57	20	.740	—
x-Oklahoma City	56	21	.727	1
x-Denver	53	24	.688	4
y-L.A. Clippers	51	26	.662	6
x-Memphis	52	25	.675	5
Golden State	44	32	.579	12½
Houston	43	34	.558	14
Utah	40	37	.519	17
L.A. Lakers	40	37	.519	17
Dallas	37	39	.487	19½
Portland	33	43	.434	23½
Minnesota	29	47	.382	27½
Sacramento	27	50	.351	30
New Orleans	26	50	.342	30½
Phoenix	23	53	.303	33½

x — clinched playoff berth; z — clinched conference.

SUNDAY'S RESULTS
New York 125, Oklahoma City 120
L.A. Clippers 109, L.A. Lakers 95
Memphis 89, Sacramento 87
Boston 107, Washington 96
Cleveland 91, Orlando 85
Chicago at Detroit
Utah at Golden State
New Orleans at Phoenix
Dallas at Portland

SATURDAY'S RESULTS
Washington 104, Indiana 85
Brooklyn 105, Charlotte 96
Miami 106, Philadelphia 87
Minnesota 107, Detroit 101
San Antonio 99, Atlanta 97
Milwaukee 100, Toronto 83
Denver 132, Houston 114

NHL

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pt
d-Pittsburgh	39	29	10	0	0	127	95	58
d-Montreal	38	25	8	3	2	120	91	55
d-Washington	38	19	17	2	0	113	108	40
Boston	37	24	9	2	2	102	79	52
Toronto	38	21	13	0	4	117	106	46
Ottawa	38	19	13	2	4	94	85	44
NY Rangers	38	19	15	0	4	93	90	42
NY Islanders	39	19	16	3	1	113	119	42
Winnipeg	40	19	19	0	2	98	120	40
New Jersey	38	15	14	3	6	90	103	39
Philadelphia	38	17	18	1	2	106	118	37
Buffalo	38	15	17	2	4	102	116	36
Carolina	37	16	19	1	1	97	115	34
Tampa Bay	37	16	19	0	2	119	110	34
Florida	39	13	20	5	1	96	132	32

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pt
d-Chicago	37	28	5	0	4	123	80	60
d-Anaheim	38	25	8	2	3	117	95	55
d-Vancouver	38	21	11	1	5	103	95	48
Los Angeles	38	22	13	1	2	111	92	47
San Jose	38	20	11	3	4	98	94	47
Minnesota	38	22	14	1	1	103	97	46
St. Louis	37	21	14	1	1	106	98	44
Detroit	39	19	15	3	2	99	101	43
Phoenix	38	17	15	2	4	105	104	40
Dallas	38	18	17	2	1	104	117	39
Edmonton	38	16	15	4	3	100	106	39
Columbus	39	16	16	3	4	91	104	39
Nashville	39	15	16	2	6	93	104	38
Calgary	37	13	20	1	3	99	133	30
Colorado	38	12	21	4	1	89	121	29

SUNDAY'S RESULTS
St. Louis 1 Detroit 0
Dallas 5 San Jose 4 (SO)
Florida 2 Ottawa 1
Minnesota 3 Columbus 0
Tampa Bay at Washington
Nashville at Chicago
New Jersey at Buffalo
Los Angeles at Anaheim

SATURDAY'S RESULTS
Winnipeg 4 Philadelphia 1
Chicago 1 Nashville 0
Los Angeles 4 Edmonton 1
NY Islanders 4 Tampa Bay 2
Toronto 2 New Jersey 1
NY Rangers 4 Carolina 1
Montreal 2 Boston 1
Washington 4 Florida 3
Phoenix 4 Colorado 0
Vancouver 5 Calgary 2

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	4	2	.667	—
Baltimore	3	3	.500	1
Tampa Bay	3	3	.500	1
New York	2	4	.333	2
Toronto	2	4	.333	2

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	4	2	.667	—
Minnesota	4	2	.667	—
Cleveland	3	3	.500	1
Detroit	3	3	.500	1
Kansas City	3	3	.500	1

WEST DIVISION

	W	L	Pct	GB
Oakland	5	2	.714	—
Texas	3	2	.600	1
Seattle	3	4	.429	2
Los Angeles	2	3	.400	2
Houston	1	5	.167	3½

SUNDAY'S RESULTS
N.Y. Yankees 7 Detroit 0
Boston 13 Toronto 0
Minnesota 4 Baltimore 3
Cleveland 13 Tampa Bay 0
Chicago White Sox 4 Seattle 3 (10)
Oakland 9 Houston 3
L.A. Angels at Texas

MONDAY'S GAMES — All Times Eastern
Baltimore (Chen 0-0) at Boston (Buchholz 1-0), 2:05 p.m.
N.Y. Yankees (Kuroda 0-1) at Cleveland (Jimenez 0-0), 4:05 p.m.
Minnesota (Correia 0-0) at Kansas City (Santana 0-1), 4:10 p.m.
Tampa Bay (Hellickson 0-0) at Texas (Ogando 1-0), 8:05 p.m.
Houston (Humber 0-1) at Seattle (Saunders 0-1), 10:10 p.m.

NATIONAL LEAGUE

SUNDAY'S RESULTS
Cincinnati 6 Washington 3
N.Y. Mets 4 Miami 3
Kansas City 9 Philadelphia 8
Atlanta 5 Chicago Cubs 1
Arizona 8 Milwaukee 7 (11)
L.A. Dodgers 6 Pittsburgh 2
Colorado 9 San Diego 1
St. Louis 14 San Francisco 3

PLAYERS' CHAMPIONSHIP
The Battle For The Hammer
GRAND SLAM OF CURLING
APRIL 16-21
2013
MATTAMY ATHLETIC CENTRE I TORONTO, ON
(FORMERLY MAPLE LEAF GARDENS)
You could win a pass for four to see all the games at the Grand Slam of Curling!
VISIT clubmetro.com TO ENTER
THE BEST IN THE WORLD BATTLE FOR $200,000 IN PRIZE MONEY
TICKETS ON SALE NOW! TICKETMASTER.CA/GRANDSLAM
SPORTSNET
SPORTSNET.CA/GRANDSLAMOFCURLING
No purchase necessary. Contest open to residents of the Greater Toronto area, excluding Quebec, who have reached the age of eighteen (18) years of age or older. Odds of winning depend on the number of eligible entries received. One (1) Grand Prize is available to be won, Six(6) secondary prizes are available to be won. Skill testing question required. Contest closes April 14th 2013 at 12:59PM EST. To enter and for complete contest rules visit www.clubmetro.com

Service Directory

To advertise contact Ian March at 416-443-4388

FINANCIAL

OVERWHELMED BY DEBT?

CALL THE Licensed Debt Professionals™

GET OUT OF DEBT!

- Avoid Bankruptcy
- 1 Low Monthly Payment
- No Interest Charges
- Stop Collection Calls
- Government Licensed Proposal Administrators

David Sklar, C.A., CIRP, Trustee

FREE Consultation 310-9200

(NO AREA CODE NEEDED)

DAVID SKLAR & ASSOCIATES INC.
Licensed Proposal Administrators & Trustee in Bankruptcy

HEAD OFFICE: 245 FAIRVIEW MALL DRIVE, SUITE 720, TORONTO, ON, M2J 4T1
NORTH YORK • TORONTO • PICKERING / AJAX • MISSISSAUGA / ETOBICOKE • BRAMPTON

For more information visit us online at www.DavidSklar.com

HAVE YOU BEEN WRONGFULLY TERMINATED FROM YOUR JOB?

Free initial consultation
- No fee until we settle -

Call Stephen Ellis

B.A. (Hons.), LL.B, Barrister & Solicitor

Tel : (416) 512 2301
Fax: (416) 512 1887
stephen@ellislaw.ca

STOP COLLECTION CALLS

GET DEBT RELIEF NOW!

CALL ERIKA
(LICENSED DEBT EXPERT)

Reduce or Eliminate Tax Debt too.
Stop Garnishments and Court Actions
Debt Proposals, Debt Counselling, Avoid Bankruptcy
Call NOW to talk with a Government-Licensed Expert
Low income? No problem! Ask about our affordable, very low fee to get Debt-Free.
We're here to help. Friendly, Caring Professionals.
Free consultation. Same day appointments.

1-877-332-8416
416-288-8048

Scarborough (Main office), Weston, Brampton, Oshawa, Mississauga (Pt Credit)

Rusinek & Associates Inc — Trustee in Bankruptcy — www.rusinek.ca

HAS YOUR SHORT OR LONG TERM DISABILITY CLAIM BEEN DENIED?

Free initial consultation
- No fee until we settle -

Call Stephen Ellis

B.A. (Hons.), LL.B, Barrister & Solicitor

Tel : (416) 512 2301
Fax: (416) 512 1887
stephen@ellislaw.ca

HEALTH

STOP!

Do You Have ASTHMA?

We are currently looking for volunteers, 12-75 years of age to participate in various asthma research studies.

The studies will provide you with all study medication.
An honorarium will be paid upon study completion.

If you are interested in participating in a trial please call JDM Research Inc. at 416-483-4720

Our office is conveniently located at
Bayview and Eglinton with a TTC stop at our door!

MORTGAGE APPROVED!

- 1st and 2nd Mortgage for any purpose.
- Refinance to 87%. Purchase to 95%.
- With rates at historic lows, now is the time to re-finance your home!
- Consolidate cards into 1 payment
- Self-employed? Stated income.
- Good and bad credit are welcome!
- Behind in Mortgage Payments?

WE CAN HELP!
HOMELAND MORTGAGE
416-519-3505 OR 647-273-5626
WWW.HOMELANDMORTGAGE.ORG

License # 11991

CARBANX

CAR LOANS
416-777-1775
WWW.CARBANX.COM

- Bad Credit
- No Credit
- New Canadian
- Divorce
- Bankruptcy
- Re-Establish Credit
- Repossession

AUCTION

JIFFY SELF-STORAGE

1805 Wilson Ave, Toronto, will auction goods online belonging to delinquent accounts for units **518, 523, 638, 657, 701, 1028, 1043.** This auction of goods is to recover rent & expenses owing. Any of the tenants may pay amounts owing to secure their goods prior to online auction. **Online bidding opens Apr. 8 at 5 pm and closes Apr. 15 at noon.**

647-477-4243
www.MaxSold.com/jiffy

FINANCIAL

EMR DEBT SOLUTIONS

Up to 90% debt reduction

We GUARANTEE to beat anyone's offer by 50% or we work for FREE*

Pay ZERO INTEREST

- Trustee's Represent Your Creditors
- We Deal With All Debts*
- Home Service Available

416-424-1510
www.empiredebtsolutions.com

*Some conditions may apply at EMR Debt Solutions

MoneyProvider.com

$500 Loan and more

No credit refused

Fast, easy and secure

1-877-776-1660
www.moneyprovider.com

APARTMENT FINDER

FACING DUNDAS WEST SUBWAY STATION

BACHELOR STARTS FROM $809
1 BDRM STARTS FROM $1029
2 BDRM STARTS FROM $1399

A/C / Indoor Pool / Indoor Mall Management On-site
24hrs security / Utilities Incl.
2340 Dundas St. West

416-532-3331

DIVORCE

DIVORCE Simple in Weeks

Child Support
Pay less or Get More*
416-880-4600
www.quickform.ca
* By Lawyer, conditions apply

FINANCIAL

Consumer Loans

cln finance™

Quick and Easy approvals
Discharged from bankruptcy or consumer proposal welcome
APPLY TODAY
Tel# 416.494.1144
www.clnfinance.com

CREDIT PROBLEMS?

REDUCE YOUR DEBTS & SLEEP WELL

Consolidate All Your Debts Into One Small Monthly Payment & Pay NO Interest

EMPIREONE CREDIT SOLUTIONS

WE OFFER FREE CREDIT CHECKS
FREE ONE ON ONE CONSULTATION
416-900-2324
www.empireonecredit.com

BBB ACCREDITED BUSINESS

SCARBOROUGH
250 Consumers Rd. Suite 810

OSHAWA
286 King St. W. Suite 303

NORTH YORK
1111 Finch Ave. W. Suite 207

MISSISSAUGA
165 Dundas Ave. W. Suite 307

Reduce Debts / No Interest

FREE & PRIVATE CONSULTATION

CityCredit
Your City, Your Credit™

416-800-9550
www.citycreditsol.com

Toronto (Yonge & Bloor)
2 Bloor Street West Suite 1900

North York (Jane & Finch)
1911 Finch Ave West (Inside Mall)

DEBT RELIEF

Are you drowning in debts?

Let us help you...

- consolidate debts, low monthly payments
- stop harassing creditors, collection calls and garnishments
- settle your debts without a bankruptcy
- reduce the amount to pay back, no interest

NONA KUMAR
Estate Administrator
Credit Counsellor

Free Consultation: 416.455.7709

RUMANEK & CO. LTD.

Administrators of Proposals, Trustee in Bankruptcy & Debt Consolidation Arrangements:
Head Office in North York, ON. Offices in Scarborough & Mississauga. Tel: 416-665-DEBT

Horoscopes

♈ Aries
March 21 - April 20
Let fate be your guide. The approaching new moon means you have nothing to fear and everything to look forward to, so stop worrying and expect good things to happen.

♉ Taurus
April 21 - May 21
You must listen to your inner voice more over the next few days. It wants to tell you something you need to know, something that will make your life more exciting and enjoyable.

♊ Gemini
May 22 - June 21
An idea you had a while back, which you then forgot, will pop back into your head today, and this time you must not let it slip away.

♋ Cancer
June 22 - July 23
It may seem as if a friend or work colleague has deceived you in some way but more likely you are getting angry for no good reason.

♌ Leo
July 24 - Aug. 23
This week's new moon means you can expect life to take a turn for the better. Not that it's too bad at the moment but you have been worrying a lot about certain issues. Forget them, they really don't matter.

♍ Virgo
Aug. 24 - Sept. 23
Your vibrant personality draws people to you. Everyone wants to be your friend. If you are free and single this is an excellent time for new romance. If you are attached, spice up your love life.

♎ Libra
Sept. 24 - Oct. 23
You want to believe that a certain person is trustworthy but something about their attitude makes you wonder if that is wise. Listen to your instincts – they rarely let you down.

♏ Scorpio
Oct. 24 - Nov. 22
A creative idea could make you a fortune, IF you have the courage to follow it through to completion. Don't let everyone know about it though.

♐ Sagittarius
Nov. 23 - Dec. 21
Life is good and will get even better. The approaching new moon suggests it's time to step up a gear and make sure the world knows who you are and what you can do.

♑ Capricorn
Dec. 22 - Jan. 20
Whatever it is you are working on will bring huge success. Friends and rivals will be amazed at how quickly and easily you turn a good idea into a concrete reality.

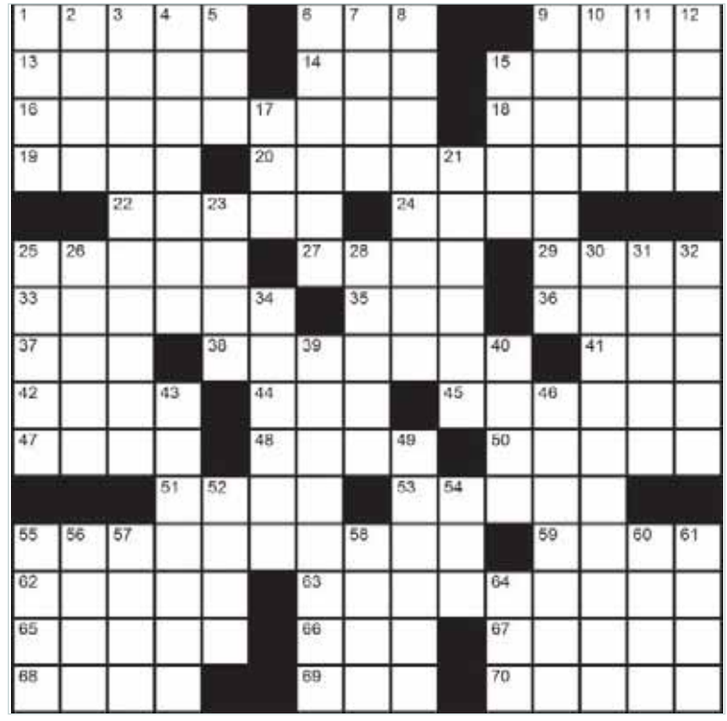
♒ Aquarius
Jan. 21 - Feb. 19
Social activities of all sorts will bring you a great deal of joy over the next few days. Don't sit at home staring at the same four walls, get out there and have fun.

♓ Pisces
Feb. 20 - March 20
A number of things in your life may look the wrong way up at the moment but before this week is over everything will make perfect sense. Just wait, watch and listen between now and Wednesday. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



Across

1. Country legend Ms. Cline
6. Nero's 1101
9. Not us
13. "Elvis: __ from Hawaii" (Satellite-beamed special of 1973)
14. Geological period
15. What place?
16. They're frequently applied on "Dancing with the Stars": 2 wds.
18. Luau dances
19. Selected
20. St. Francis Xavier University's locale in Nova Scotia
22. Rain clouds
24. Alum
25. Canadian performers' union
27. Ms. Yothers of "Family Ties"
29. Bible mountain
33. Sandbanks
35. X - III = ?
36. Mil. unit
37. Oz musical, with The
38. Opera great Mr. Pavarotti
41. Scheming
42. Succulent plant
44. Bakery offering
45. The __ Family (Family of Canadian hockey players)
47. __ sign
48. Halts
50. Uses a sieve
51. Bereft, in poetry
53. TV clicker, when used to decrease volume
55. Conrad Black, formerly: 2 wds.
59. Prima donna
62. Be a being
63. Canadian voicer of Shrek: 2 wds.
65. Demise
66. 'Verb' suffix (Wordy)
67. Actress Ms. Suvari's
68. Baffin, et al.
69. "The Simpsons" character Mr. Flanders
70. Subtractin' opposite

Down

1. Yore
2. Dog food brand
3. Two headline-grabbing Giant Pandas will call it home for the next five years: 2 wds.
4. Christina Aguilera's replacement on "The Voice"
5. "Whoopee!"
6. Be sincere: 2 wds.
7. Abbr. indicating there's another page
8. Badge
9. __ Bay, Ontario
10. Prefix to 'copter'
11. Epochs
12. Interlock
15. "Slow down!"
17. Key above Caps Lock
21. Millet, and others
23. West Edmonton __
25. Nile River dam
26. South American country
28. Covered-in-foliage buildings
30. Dearest pal: 2 wds.
31. Shoelace tip
32. __. __. (Astr. length units)
34. Brilliant
39. Raisin toast spice
40. Boot
43. Signs up
46. Like psychedelic-style T-shirts
49. Montreal specialty, __ meat
52. Pledge
54. 'Trib' ending
55. __-spa
56. Former flames
57. Radio tuner
58. Ascend
60. True: French
61. 'A' of NBA, for short
64. UFC sport

Friday's Crossword

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	8	9	1		5	4	3	
3	6						7	8
		7	5		8	9		
	1			3			8	
		8	7		2	3		
8	9						1	5
	5	3	4		6	7	9	

Friday's Sudoku

1	6	8	4	5	9	2	3	7
2	3	9	7	6	1	4	5	8
4	7	5	3	8	2	1	9	6
9	1	7	6	2	8	3	4	5
8	2	6	5	4	3	7	1	9
5	4	3	9	1	7	6	8	2
6	5	1	2	9	4	8	7	3
3	8	2	1	7	5	9	6	4
7	9	4	8	3	6	5	2	1

Today
10°/6°
Showers
40%

Tuesday
17°/7°
Partly cloudy

Your #1 weather forecast now available in HD.
Check your local listings for details.
The Weather Network | HD

©The Weather Network 2013

PSYCHIC

PSYCHIC SPIRITUAL ADVISOR MONA
I restore luck and happiness and will call out your friends and enemies by name. I will tell you your past as it was, your present as it is, and your future as it will be. 40 years experience. Superior to all others.
CALL FOR 1 FREE QUESTION!
416-222-8201
9am-9pm
Yonge/Finch

Mr. IBRAHIM
AFRICAN PSYCHIC MEDIUM
I can help you out of despair.
Reunite lovers forever
Happy Marriage.
Stop divorce, stress & depression.
Success In business.
Court cases.
Protection against evil.
Remove bad luck.
Hopeless cases.
OVER 27 YEARS EXPERIENCE
QUICK RESULTS
BY APPT. 416-783-3910

International Knowledgeble Astrologer
Pandit: Devadas Swamiji
Meet him to get Quick Results:
Job * Business * Health * Property
Education * Family * Children Etc
All Religions Welcomed
I am Master in removing & destroying
Black Magic, Jadoo, Voodoo, Witchcraft,
Obeau & Bad luck and give Protection
Big Problem...Small Problem...all Solved
647-622-9097
Scarborough

Astrologer & Psychic
Pandit: Ravinder
Reader & Advisor
Solves Problems
like Love, Money
Career, Depression
Misfortune & Soul Consulting
REMOVES BLACK MAGIC 100%
Private & Confidential
GIVE ME ONE CHANCE & SEE
YOU YOUR LIFE PROGRESSING
647-621-4859
1560 Brimley Rd (Brimley & Ellesmere)

Sri Himalaya Babaji Astrologer
Pandit: Sidharth Yogi
Specialist in:
Money, Love Problem
Depression, Enemy
Drinking, Jealousy
Satisfaction etc.
100% Satisfaction
647-248-1358
105 Kennedy Rd S,# 52, 1st Floor Brampton, L6W 1H6

World Famous Indian Astrologer
Pandit: Jagadish
He solves your all problems
Marriage,Business, Job,Enemy
Family, Children, Health,Love
Depression, Court, Sexual Etc
I CAN HANDLE ANY PROBLEM
Removes Black Magic
& Bad Luck in 2 Days &
Gives Immediate Protection
100% Guarantee
647-532-8224
1290 Finch Ave. W.#23,North York, Keele & Finch

NEW ORIGINAL TV SERIES

T+E
TRAVEL + ESCAPE

REBEL WITHOUT A KITCHEN

PREMIERES TUESDAY APRIL 9 10PM

TRAVELANDESCAPE.CA @FIDELGASTROS